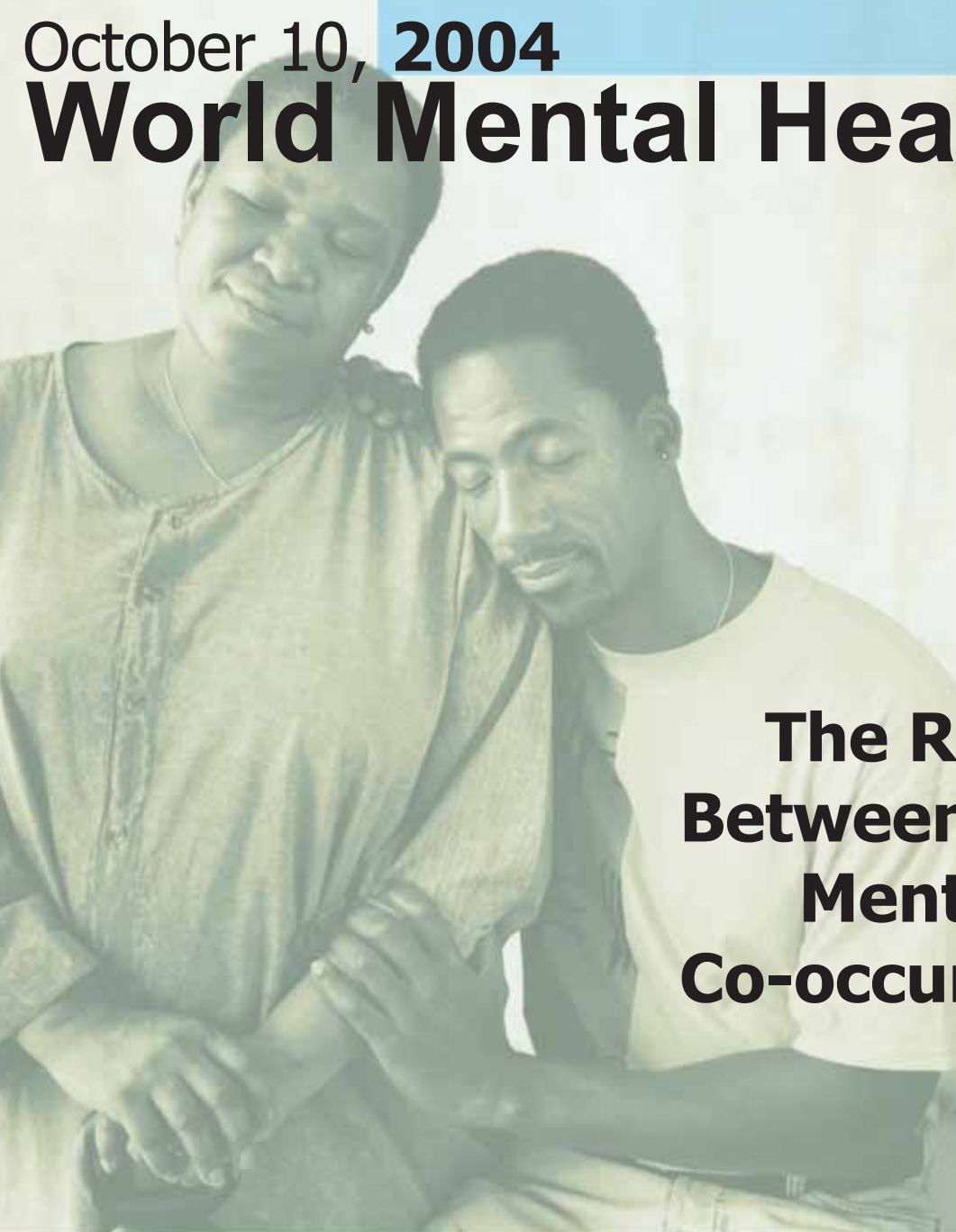


October 10, 2004

World Mental Health Day



**The Relationship
Between Physical and
Mental Health:
Co-occurring Disorders**



World Federation for Mental Health

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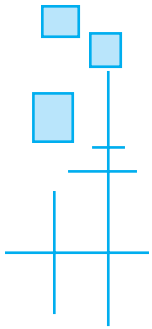
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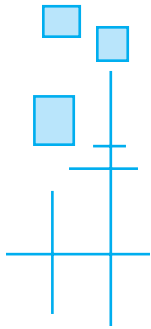
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World Federation for Mental Health



The WFMH was founded in 1948 to advance, among all peoples and nations, the prevention of mental and emotional disorders, the proper treatment and care of those with such disorders, and the promotion of mental health.

The Federation, with members and contacts in 112 countries on six continents, has responded to the international mental health crisis through its role as the only worldwide grassroots advocacy and public education organization in the mental health field. The Federation's organizational and individual membership includes mental health workers of all disciplines, consumers/users of mental health services, family members and concerned citizens. The organization's broad and diverse membership makes possible collaboration among governments and non-governmental organizations.

Throughout its history, the Federation has been active in advancing the concerns of the mentally ill before international forums, both private and governmental, and in supporting the efforts of its member organizations at the national and regional level.

The Federation is accredited as a consultant to the United Nations and its specialized agencies, working closely with the World Health Organization, UNESCO, the UN High Commissioner for Refugees, the UN Commission on Human Rights, the International Labour Organization and others.

MISSION

The mission of the World Federation for Mental Health is to promote, among all people and nations, the highest possible level of mental health in its broadest biological, medical, educational, and social aspects.

VISION

The World Federation envisions a world in which mental health is a priority for all people. Public policies and programs reflect the crucial importance of mental health in the lives of individuals, families and communities, and in the political and economic stability of the world. The interdependence of mental and physical health within the social environment is fully recognized. Serious and effective programs are focused on research, training and services for promotion of mental health and optimal functioning, prevention of disorders, and care and treatment of those with mental health problems throughout the life cycle. Those who experience mental, neurological and psychological disorders are understood and accepted, and treated equitably in all aspects of community life.

GOALS

- To heighten public awareness about the importance of mental health, and to gain understanding and improve attitudes about mental disorders.
- To promote mental health and optimal functioning.
- To prevent mental, neurological, and psychosocial disorders.
- To improve the care and treatment of those with mental, neurological and psychosocial disorders.

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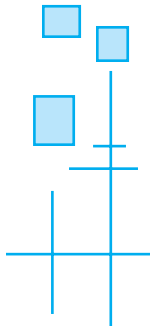
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2004 world mental health day
October 10, 2004

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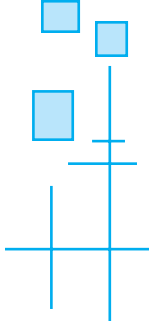
World Mental Health Day 2004 Endorsers

To obtain contact information on an individual endorser in your country or geographic region, contact the WFMH Secretariat by email info@wfmh.com

ALBANIA
ANTIGUA & BARBUDA
ARGENTINA
AUSTRALIA
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BELIZE
BRAZIL
BULGARIA
CANADA
COLOMBIA
CZECH REPUBLIC
COMMONWEALTH OF DOMINICA
EGYPT
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GERMANY
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JAPAN
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SPAIN
SWITZERLAND
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TANZANIA
TURKEY
UNITED KINGDOM
UNITED STATES
URUGUAY
YEMEN
ZAMBIA
ZIMBABWE

Resources and Websites



Additional resources and websites have been listed for further information on the topics raised in this document. Please note that there is an abundance of information available and not all resources are listed here.

AmfAR

AIDS Research
120 Wall Street, 13th Floor
New York, NY 10005-3908
USA
www.amfar.org

American Diabetes Association

National Center
1701 North Beauregard Street
Alexandria, VA 22311
USA
www.diabetes.org

American Heart Association

National Center
7272 Greenville Avenue
Dallas, TX 75231
USA
www.americanheart.org

American Psychiatric Association

1000 Wilson Boulevard, Suite 1825
Arlington VA 22209-3901
USA
www.psych.org

At health.com

14241 NE Woodinville-Duvall Road, #104
Woodinville, WA 98072-8564 USA
www.athealth.com

Australian Government Department of Health & Ageing

GPO Box 9848
Canberra ACT 2601
AUSTRALIA
www.health.gov.au

The Australian Psychological Society

PO Box 38
Flinders Lane Post Office
MELBOURNE VIC 8009
AUSTRALIA
www.psychsociety.com.au

The Body

Body Health Resources Corporation
www.thebody.com

The Carter Center

Mental Health Program
One Copenhill
Atlanta GA 30307 USA
404-420-5165
www.cartercenter.org

Center for Mental Health Services

Substance Abuse & Mental Health Services Administration
USDHHS
5600 Fishers Lane
Rockville MD 20857 USA
www.samhsa.gov/cmhs

Center for Mind-Body Medicine

5225 Connecticut Avenue, NW
Suite 414
Washington, DC 20015 USA
www.cmbm.org

The Depression Treatment website

www.depression-treatment.com

Immigration & Refugee Services of America

National Alliance for Multicultural M.H.
1717 Massachusetts Avenue, NW, Suite 200
Washington DC 20036
www.refugeeusa.org

International Union for Health Promotion and Education

2 rue Auguste Comte
92170 Canves FRANCE
+330 1 46 45 00 59
www.iuhpe.org

International Union against Cancer

www.uicc.org

The Irish Heart Foundation

4 Clyde Road, Ballsbridge, D4
IRELAND
www.irishheart.ie

The Mental Health Foundation

UK Office
7th Floor, 83 Victoria Street,
London SW1H 0HW
UNITED KINGDOM
www.mentalhealth.org.uk

Mentality

134-138 Borough High Street
London SE1 1LB
UNITED KINGDOM
www.mentality.org.uk

National Center for Complimentary and Alternative Medicine

P.O. Box 7923
Gaithersburg, MD 20898 USA
www.nccam.nih.gov

National Institute of Mental Health

6001 Executive Boulevard
Bethesda MD 20892 USA
www.nimh.nih.gov

National Mental Health Association

2001 North Boulevard Street, 12th Floor
Alexandria VA 22311 USA
www.nmha.org

Pan American Health Organization

525 23rd St., N.W.
Washington, D.C. 20037 USA
www.paho.org

Rethink, National Schizophrenia Fellowship

30 Tabernacle Street
London EC2A 4DD
UNITED KINGDOM
www.rethink.org

Royal College of Psychiatrists

National Headquarters
17 Belgrave Square
London SW1X 8PG
United Kingdom
www.rcpsych.ac.uk

Taiwan Cancer Friends New Life Association

2F, #163 Kang-ning Street, Hsi-Zu City,
Taipei County, TAIWAN R.O.C.
www.love-newlife.org.tw

UNAIDS

20, avenue Appia
CH-1211 Geneva 27
SWITZERLAND
www.unaids.org

UN High Commissioner for Human Rights

Committee on the Rights of the Child
D 214, Palais des Nations
1211 Geneve 10 SWITZERLAND
www.unchr.ch

World Health Organization

Division of Mental Health and Substance
Dependence
Geneva CH-1211 SWITZERLAND
www.who.int

World Psychiatric Association

Secretariat
Dept. of Psychiatry & Behavioral Sciences
Metropolitan Hospital Center
New York Medical College
1901 First Avenue, Suite 4M-3
New York, NY 10029 USA
www.wpanet.org

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Fax: +703.519.7648

Email: wmhday@wfmh.com

Web sites: www.wmhday.net or www.wfmh.org