



World Federation for Mental Health

Human Rights Section

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Human rights are the basic rights and freedom that being to everyone and they cannot be taken away. Every person with a mental illness shall have the right to exercise all civil, political, economic, social and cultural rights.

In many countries, people do not have the access to basic mental health care and treatment they require. They excluded from community life and denied basic rights such as shelter, food and clothing, and are discriminated against the fields of employment, education, housing and more due to their mental disability.

The legislation aimed to provide for mental health care and services for those persons who are mentally ill and to protect, promote, and fulfill the rights of such persons. This legislative initiative is therefore an exceptionally important one with real potential to improve the position of the mentally ill and enhance their experiences of good mental health, social justice, and liberty.

The UNCRPD (the United Nations Convention on the Rights of Persons with Disabilities), has an obligation to respect, protect, and fulfill the internationally agreed to all people included. The UNCRPD provides a path toward non-discrimination, and toward full and effective participation in society on the part of individuals with mental illness, toward quality of opportunity and accessibility for all people.

We have a long way to go before we fully realize the ideals proclaimed in the UNCRPD for those who are mentally ill. We need to raise awareness and advocate for change, to develop mental health policies and laws that promote human rights, to create mechanisms to assess and to improve human rights conditions.