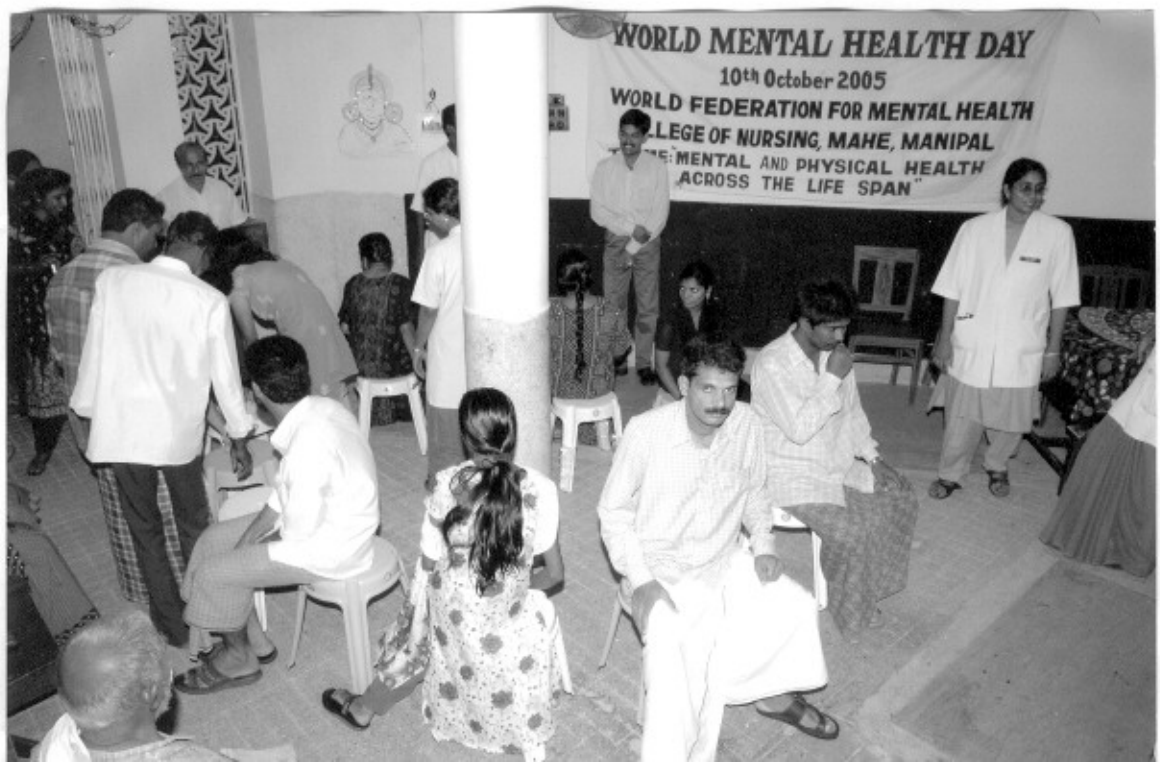
MANIPAL COLLEGE OF NURSING OBSERVES WORLD MENTAL HEALTH DAY 2005

The Manipal College of Nursing, MAHE, Manipal observed the World Mental Health Day on 10th October 2005.

The programme inaugurated at 9a.m. by lamp lighting by Dr. Sripathi Bhat, Professor, Dept. of Psychiatric, Unit II, Kasturba Hospital Manipal and unfolded the theme "Mental and Physical health across life span" also explained the significance of Mental Health at each stages of our life and its needs.

Various competitions were conducted to patients such as Musical chair, Lemon and spoon, Health and illness, Blowing ballone, drawing etc.

Dr. Prabhath Bhat, Associate Professor, Dept. of psychiatry, Kasturba Hospital, Manipal concluded the programme by distributing the prizes for the winners and congratulated each patients for their participation.

Afternoon Mrs. Linu Sara George, Associate Professor welcomed the gathering and introduced the theme. It was followed by "Pannel Discussion" on the theme by Department of Mental Health Nursing faculty and Post graduate students of Manipal College of Nursing. After the open discussion Mrs. Blessy Prabha Valsaraj concluded the programme.