



# WORLD FEDERATION FOR MENTAL HEALTH

## 2005 ANNUAL REPORT

### MESSAGE FROM THE PRESIDENT

2005 was a very active and important year for the World Federation for Mental Health, and one which saw the Federation take several important steps forward in its strategic development.

The year began with the news of the devastating Indian Ocean earthquake and tsunami. In response to this great disaster, WFMH initiated its Disaster Response Initiative intended to assist grassroots mental health organizations in the affected countries respond to the mental and emotional health consequences of the tsunami's impact.

The 2005 World Mental Health Day campaign continued WFMH's focus on the inseparable relationship between mental and physical health through the theme "Mental and Physical Health Across the Life Span." This year's campaign proved to be one of the most successful ever with a growing number of local and national events and programs on October 10.

WFMH also undertook several special projects during the year, thus bolstering its capacity to address major cross-cutting issues in the global mental health sector. The *Without Boundaries* project continued our work around ADHD, while the *Depression: The Painful Truth Survey* and the *Thinking Ahead* project both focused on major depressive and bipolar disorders. We also began work on developing a major awareness and information packet on the topic of "Body & Mind: Metabolic Syndrome and Mental Health."

Our traditional leadership in promotion and prevention was addressed through WFMH's continued support for the evolving Global Consortium on Promotion of Mental Health and Prevention in Mental Health (GCAPP), for which we provided interim Secretariat assistance.

In spite of major obstacles due to political unrest and heightened concerns about terrorism,



L. Patt Franciosi, PhD

WFMH held its biennial World Mental Health Congress in Cairo, Egypt, focusing on the theme "Equity and Mental Health," a truly timely topic for the times in which we live.

Through these, and numerous other efforts to expand WFMH's outreach, along with the very important work of a Board-authorized Organization & Structure Task Force, our organization accomplished much during this year, and set the stage for even greater successes for the new Board and leadership in the year ahead.

L. Patt Franciosi, PhD  
President 2003-2005

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### FEAFES Receives First Hunter WMHDay Award

The Spanish Confederation of Associations of Families and People with Mental Illness (FEAFES) of Madrid, Spain was awarded the inaugural Richard C. Hunter World Mental Health Day Award of Excellence in recognition of its 2004 World Mental Health Day campaign. The WFMH Board of Directors

created the award in memory of Richard C. Hunter, former Deputy Secretary General, who is credited with establishing World Mental Health Day as a global awareness campaign.

FEAFES is an confederation of associations in Spain that are working to promote improved

policies and services for people with mental illnesses, educate the public about mental health and mental illnesses, and provide support to families that have members with a mental health problem. The 178 member organizations represent 32,000 families and individuals with a mental illness.

## WFMH RESPONDS TO TSUNAMI DISASTER

WFMH reacted to the December 26, 2004 Indian Ocean earthquake and tsunami with the recognition that it had a responsibility to help, but without a clearly defined plan of action. In response to the great need that a disaster of this nature creates in the affected countries and region, WFMH's Board of Directors quickly authorized the establishment of a formal program activity, the **WFMH Disaster Response Initiative**. This new program was given a dual charge: (1) to seek opportunities and means to provide direct assistance to WFMH member NGOs located in areas affected by the disasters that were attempting to give mental health assistance to victims and relief workers; and (2) to put into

place a continuing program strategy with the goal of preparing member organizations to respond to the mental health consequences of future natural and manmade disaster situations.

Through the Disaster Response Initiative, chaired by Professor John Copeland, WFMH was able to provide assistance to support mental health disaster relief efforts in Sri Lanka and on the Andaman and Nicobar Islands in India through the Sri Lanka country program office of BasicNeeds and in the Andaman and Nicobar Islands through WFMH member organization SEVAC, a non-governmental organization located in Kalkotta.

The generosity of donors to the WFMH Disaster Response Initiative Fund, and of three WFMH Voting Member organizations -- the Mental Health Council of Norway, the Northern Ireland Association for Mental Health, and the Center for Mental Health in Athens, Greece-- and Eli Lilly and Company, made it possible for WFMH to provide financial support for SEVAC's work in the Andaman & Nicobar Islands during the critical weeks following the disaster. For more information, visit WFMH's Disaster Response Initiative website at [www.wfmhdisasterresponse.org](http://www.wfmhdisasterresponse.org).

### "EQUITY & MENTAL HEALTH" FOCUS OF 2005 WORLD CONGRESS IN CAIRO

The 2005 World Mental Health Congress convened in Cairo, Egypt 5 - 8 September, chaired by Dr. Ahmed El Azayem. The Congress featured special plenary lectures by Dr. Thomas Barrett,

Professor Norman Sartorius, Dr. Numan S. Ali, and Dr. Ahmad Mohit.

Special Symposia sessions were presented on several WFMH special project topics, including the

painful physical symptoms of depression, metabolic issues and mental illnesses, Without Boundaries ADHD campaign, and on the mental health consequences of AIDS.

### WFMH SUPPORTS GLOBAL PREVENTION CONSORTIUM DEVELOPMENT

WFMH continued to provide coordination and support for the development of the Global Consortium for Advancement of Promotion and Prevention in Mental Health. The GCAPP interim secretariat at WFMH was initially supported through a one-year contract from the US Center for Mental Health

Services. GCAPP has evolved from the series of three successful world conferences on promotion and prevention co-sponsored by WFMH, The Clifford Beers Society, and the Mental Health Program at The Carter Center. The aim of the consortium is to provide a vehicle for collaboration among

international organizations in the field in the intervals between the conferences.

An organizational meeting for GCAPP has held in Dublin Castle, Ireland in April 2005 with nine interested organizations from North America, Europe and Australia represented.

### SPECIAL PROJECTS PROVIDE INFORMATION, OUTREACH OPPORTUNITIES

In 2005, WFMH undertook several special projects on issues of importance to the global mental health field. *The Without Boundaries* pledge campaign conducted on the WFMH website and at international meetings encouraged parents and physicians to make a personal commitment to improve their understanding of this disorder and

become more open towards the diagnosis and treatment of ADHD. The *Depression: The Painful Truth* international survey measured awareness of the proposed link between depression and painful physical symptoms among people with depression, and of physicians, to identify potential diagnosis and treatment gaps. *The Thinking Ahead Inter-*

*national Survey of People with Bipolar Disorders* represented a unique multinational study of the social impacts of bipolar disorder. It provided further evidence that, for many people with mental health problems, the social impact of their illness is far greater than that endured by people with serious physical illnesses.

### VOTING MEMBER ORGANIZATIONS

ADHD Stitching Foundation	
	NETHERLANDS
Advocacy France	FRANCE
American Psychiatric Association	USA
American Psychoanalytic Association	USA
	USA
American Psychological Association	USA
ARAFMI National Council, Inc.	AU
Asai Hospital	JAPAN
Asociacion Argentina De Profesionales de la Salud Mental	ARGENTINA
Asociacion Espanola de Neuropsiquiatria	SPAIN
Asociacion Mexicana de Psicoterapia	MEXICO
Psicoanalitica AC	MEXICO
Canadian Mental Health Association—National Office	CANADA
Canadian Psychological Association	CANADA
Caribbean Federation for Mental Health	USA
Center for Mental Health	GREECE
Coalition for Mental Health	POLAND
College of Registered Nurses of Manitoba	CANADA
COMETCA	MEXICO
Federacion Argentina de Camaras Y Assn Psiquiatricas	ARGENTINA
Finnish Association for Mental Health	FINLAND
Flemish Mental Health Association—VVGG	BELGIUM
GAMIAN USA	USA
GEDHJALP	ICELAND
Georgian Association for Mental Health	GEORGIA
Hong Kong Guild of Hypnotherapist & Psychotherapist	HONG KONG
Hungarian Psychiatric Association	HUNGARY
Icelandic Mental Health Alliance	ICELAND
Indian Psychiatric Society	INDIA
Institute for Victims of Trauma	USA
International Association of Applied Psychology	SPAIN
International Council of Psychologist	USA
International Federation of Psychoanalytic Societies	MEXICO
International Society of Adolescent Psychiatry and Psychologists	USA
ISERDIP	ITALY
Israel Psychiatric Association	ISRAEL
Japanese Association of Psychiatric Hospitals	JAPAN
Japanese Federation for Mental Health & Welfare	JAPAN
Korea Christian Mental Health Institute	KOREA
Lahore Mental Health Association, Fountain House	PAKISTAN
Ligue Francaise pour la Sante Mentale	FRANCE

(Continued on Page 3, Column 4)

## MENTAL AND PHYSICAL LIFE SPAN ISSUES FOCUS OF WMH DAY 2005

The 2005 World Mental Health Day campaign theme was *Mental and Physical Health Across the Life Span*, continuing WFMH's focus on the relationship between mental and physical health and disorders. Over 3500 campaign packets were mailed to organizations and advocates in over 150 countries to support organizing their public awareness activities on October 10<sup>th</sup>. Numerous campaign materials were also downloaded from the WFMH website.

WFMH selected the theme to further public awareness about the integral relationship between mental and physical health and disorders throughout the lives of

individuals. From reports received from many organizations around the world (see the WFMH website for examples [www.wfmh.org](http://www.wfmh.org)), this proved to be one of the most popular themes of the campaign's 13 years existence. The 2005 campaign was supported by grants from AstraZeneca, Bristol-Myers Squibb, Eli Lilly, Otsuka America, and Organon International.

WFMH, in collaboration with the Pan American Health Organization (World Health Organization Americas Regional Headquarters), organized a World Mental Health Day Symposium and Reception in Washington, D. C. held on Tuesday, October 11, 2005, to

commemorate World Mental Health Day, and to call public and media attention to the theme. Dr. Benedetto Saraceno, Director of the Department of Mental Health and Substance Abuse at the World Health Organization headquarters in Geneva, Switzerland, was the Keynote Speaker for the Symposium. The American Psychiatric Association, American Psychological Association, National Association of Social Workers, National Mental Health Association, AstraZeneca, Organon International, the Institute for Victims of Trauma, and the Counseling Association of the District of Columbia co-sponsored the commemoration symposium and reception.

## 2005 MEMBER ASSEMBLY ELECTS WFMH DIRECTORS AND OFFICERS

The 2005 WFMH Member Assembly, meeting in Cairo, Egypt on September 7, 2006 elected officers and directors to lead WFMH for the 2005–2007 term.

Shona Sturgeon, Senior Lecturer in the Social Development Department at the University of Cape Town, South Africa, assumed the Presidency at the end of the Assembly meeting.

Elected to officer positions were Professor John Copeland,

President-elect; Anthony Fowke, Honorary Secretary; Edward Pennington, Treasurer; Dr. Patt Franciosi assumed the position as Immediate Past President.

Elected as Regional Vice-Presidents were Professor Haroon Chaudhry (EM), Dr. Felicien Ntone-Enyime (Africa), Claude Deutsch (Europe), Dr. Mercedes Rivas-Torres (Central America), Richard Studer (North Amer-

ica), Dr. Peter McGeorge (Oceania), Dr. Roger Montenegro (South America), Dr. Edgardo Tolentino (Southeast Asia), and Deborah Wan (Western Pacific).

Directors-at-Large elected were Professor Edgard Belfort, Michael Faenza, Brian Howard, William MacPhee, Bjoerg Njaa, Dr. Katarzyna Prot-Klinger, Professor Brian Robertson, Professor Shridhar Sharma, and Dr. Wei Tseun Soong.

## WFMH AT THE UNITED NATIONS & ITS AGENCIES

Since its inception, WFMH has enjoyed a close working relationship with the United Nations and its specialized agencies, including the World Health Organization and UNESCO. During 2005, WFMH's cadre of volunteer representatives at the UN headquarters in New York maintained the Federation's participation in the UN NGO Committee on Mental Health, participated in annual sessions of the UN Commission

on the Status of Women by presenting sponsored workshops, and provided representation in NGO committees addressing issues such as children, human rights, and the rights of people with disabilities. The UN NGO Committee on Mental Health held a session commemorating World Mental Health Day with Dr. Benedetto Saraceno as the keynote speaker. In Geneva, WFMH volunteer representatives

monitored activities relating to mental health through the World Health Organization and the UN Commission on Human Rights.

WFMH President-elect Shona Sturgeon presented at a plenary session of the 6th WHO Global Conference on Health Promotion held in Bangkok, Thailand in August 2005. WFMH's continued status as an NGO in special relations with WFHO was approved for a three year period.

### VOTING MEMBER ORGANIZATIONS

(Continued from Page 2, Column 1)

Madness Group, The	USA
Malaysian Mental Health Association	MALAYSIA
Mental Health Association in Taiwan	TAIWAN, ROC
Mental Health Association of Hong Kong	HONG KONG
Mental Health Council of Australia	AU
Mental Health Foundation in Australia	AU
Mental Health Foundation of New Zealand	NEW ZEALAND
Mental Health Ireland	IRELAND
Mental Illness Education—Australia, Inc	AU
MIND, The Mental Health Charity	UK
National Mental Health Association	USA
National Psychological Association for Psychoanalysis	USA
New Life Psychiatric Rehabilitation Association	HONG KONG
Norwegian Council for Mental Health	NORWAY
Philippine Mental Health Association	PHILIPPINES
Postpartum Support International	USA
Pro Mente Austria	AUSTRIA
Pro Mente Sana, Swiss Foundation	SWITZERLAND
Recovery, Inc.	USA
Richmond Fellowship of Hong Kong	HONG KONG
SEVAC	INDIA
Society of Preventive Psychiatry	GREECE
South African Federation for Mental Health	SOUTH AFRICA
SPAN USA	USA
Swedish National Association for Mental Health	SWEDEN
Taiwan Association of Clinical Psychology	TAIWAN
Taiwan Public Health Association	TAIWAN
Zimbabwe National Association for Mental Health	ZIMBABWE

## WORLD FEDERATION FOR MENTAL HEALTH

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### Working to make Mental Health a Global Priority

WE'RE ON THE WEB!  
WWW.WFMH.ORG



### INDEPENDENT AUDITORS' REPORT

To the Board of Directors  
World Federation for Mental Health  
Springfield, Virginia

We have audited the statement of financial position of the World Federation for Mental Health ("the Federation"), (a not-for-profit organization), as of December 31, 2005, and the related statements of activities, cash flows and functional expenses for the year then ended. These financial statements are the responsibility of the Federation's management. Our responsibility is to express an opinion on these financial statements based on our audit. The prior year summarized comparative information has been derived from the Federation's 2004 financial statements, which were audited by us, and in the report dated August 25, 2005, we expressed an unqualified opinion on those financial statements.

We conducted our audit in accordance with U.S. generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Federation as of December 31, 2005, and the changes in its net assets and its cash flows for the years then ended in conformity with U.S. generally accepted accounting principles.

Rockville, Maryland  
May 3, 2006

A copy of the WFMH 2005 Audit is available from the Secretariat; contact  
<bjones@wfmh.com>

## 2005 WFMH HONOR ROLL OF DONORS & SPONSORS

### Corporations, Foundations and Organizations

Anonymous (Foundation grant)  
AstraZeneca  
American Psychiatric Association  
American Psychological Association  
Bristol-Myers Squibb  
CGI Group  
Eli Lilly and Company  
Institute for Trauma Studies  
National Mental Health Association  
Organon International  
Otsuka America  
Pan American Health Organization

### Federated Campaigns

Independent Charities of America

### Government Grants and Contracts

National Institute of Mental Health (USA)  
Center for Mental Health Services,  
Substance Abuse and Mental Health Services Administration (USA)

### Individual Donors

Birmingham, Jeanne USA  
Bolman, William USA  
Bradley, Karen Anne USA  
Broadhurst, Betty P. USA  
Brusoato, Laura Witz Brazil  
Cantrell, Cheryl Kaye USA  
Carter, Rosalynn USA  
Clecko, Walter J. USA  
David, Henry USA  
Ebata, Keisuke Japan  
Ehmer, Marjy USA  
Evodkas, Takis Cyprus

Gurmendi, Gonzalo G. USA  
Hughes, Candice USA  
Kissmeyer-Nielsen, Perla USA  
Koplan, Carol USA  
Llanos, Roberto T. Peru  
Long, Beverly USA  
Mann, Carola H. USA  
Mattila, Eija Finland  
Miller, Winifred M. Canada  
Murray, Lorna UK  
Onomiti, Kazuko Japan  
Pfeifer, Jan New Zealand  
Pisculli, Leo M. USA  
Reynolds, Mildred M. USA  
Salleh, Mohd Razali Malaysia  
Sanville, Jean B. USA  
Schwerdfeger, Sally USA  
Studer, Richard USA  
Tassler, Moises Rozanes Mexico  
Thompson, Kenneth Stewart USA  
Trutt, Susan D. USA  
Vandivier, Robert USA  
Wand, Timothy Australia  
Weigl, Robert USA  
Wen, Jung-Kwang Taiwan, ROC  
Yamamoto, Kazuyoshi Japan  
Yuksel, Nevzat Turkey

### Legacies and Bequests

Miss Elizabeth Louisa V. Cameron UK

### Pro Bono and In-Kind Services

Dr. Ahmed El Azayem Egypt  
Cohn & Wolfe Healthcare UK  
National Mental Health Association USA  
Sheppard and Enoch Pratt Healthcare System USA  
National Association of Social Workers

USA  
Counseling Association of the District of Columbia USA  
Contener Foundation Argentina  
Dr. Miguel Jorge Brazil

### WFMH Disaster Response Initiative Appeal

Eli Lilly and Company USA  
The Mental Health Council of Norway  
The Northern Ireland Association for Mental Health  
Special Ties Foundation USA  
Center for Mental Health (Greece)  
English Support Program, Hocking College USA  
A. Kumar Singla USA  
Victoria Julian USA  
Nicol Pate USA  
Priscilla Treadwell USA  
Kazuko Onomichi Japan  
Shashi Phoha USA  
Linda Hall USA  
Takayuki Kageyama Japan  
Carmela Calvi USA  
Marta Guderian USA  
Richard Ford UK  
Ann Smith Australia  
Kunihiko Asai Japan  
Chukwuemeka Okafor USA  
Preston Garrison USA  
Barbara Good USA  
Sonia Baker Australia  
Dara Bond USA  
Julia Bagg USA

WFMH 2007  
WORLD MENTAL  
HEALTH CONGRESS

*"The Impact of Culture  
on Mental Health: East  
Meets West"*  
August 19—23, 2007  
in  
HONG KONG  
[www.wmhc2007.com](http://www.wmhc2007.com)