

World Federation for Mental Health Africa Initiative



Online Resource Directory

Psychosocial Support Organisations

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www.wfmh.org

Psychosocial Support - Organisations

Organisation Name	Location	Programme/Organisation Description	Address	Phone	Email	Web
Bernard van Leer Foundation	International	"The Bernard van Leer Foundation (BvLF) supports early childhood development activities in about 40 countries. It takes a holistic approach to the development of young children from birth to age eight, addressing a range of issues that include education, childcare and health. In the area of HIV and young children, BvLF focuses on community-based care and psychosocial support for children who have lost their parents and caregivers."	Bernard van Leer Foundation PO Box 82334 2508 EH The Hague The Netherlands	31 (0)70 331 2200		Website
Body Maps	Canadian Aids Treatment Information Exchange, in partnership with REPSSI, working in Tanzania, Zambia, and Canada	"The five days of the body mapping process creates a safe space where each woman can speak openly about her journey with HIV. Women are also offered support from those who best understand their situation: other women living with HIV. CATIE's contribution is to weave HIV information into this artistic process by offering opportunities for the women to discuss their health in the context of the stories told in their body maps, and to learn about HIV and its treatment."			tsmith@catie.ca	Website

Botswana Network of People Botswana

"Botswana Network of People Living with HIV/AIDS is a national umbrella (NGO) network formed by and for People Living with HIV/AIDS (PLWHAs) It was established in 2000. The network exists to improve the well being and quality of life for all PLWHAs and to protect the nation of Botswana from HIV infection by promoting positive living, self reliance and reduction of infection rates through HIV/AIDS education, prevention and care."

BONEPWA Plot 5346, 00267 3906224 bonepwa@botsnet.bw
Okavango Close Extension 11.

National Coordinator
Po Box 1599, Mogoditshane

[Website](#)

Christian Childrens Fund International

"Psychosocial support for orphans and vulnerable children is an important component of CCF's HIV/AIDS programs and is being expanded through training for caregivers (parents, foster parents, siblings, and/or other relatives), teachers and other key child stakeholders, as well as through early childhood development programs that provide orphans or children from AIDS-affected households with psychological support as well as physical and mental stimulation needed for long-term cognitive development."

Christian Children's Fund
2821 Emerywood Parkway
Richmond,VA 23294 USA

[Website](#)

Church of Central Africa Presbyterian Blantyre Synod Malawi

"Care and support of OVC is yet another challenge that CCAP Blantyre Synod through the HIV/AIDS and Health department is coordinating in conjunction with its Presbyteries. The following are some of the activities ongoing:
· School sponsorship to the secondary school orphans
· Material support i.e. clothes, food.
· Economic empowerment through vocational skill development i.e. carpentry, tailoring, basketry, welding etc
· Psychological support"

PO Box 413, Blantyre, Malawi, Central Africa

btsynod@malawi.net

[Website](#)

Copperbelt Health Education Project (CHEP) Zambia

"Copperbelt Health Education Project (CHEP) is a non governmental organisation which was founded in 1988 as a health education project under the administration of The Rotary Club of Kitwe. Overtime the project became registered as an independent organisation dedicated to implement HIV/AIDS prevention and impact mitigation activities in the Copperbelt communities. It is now registered with the Registrar of Companies as a non-governmental organisation with a Company Limited by Guarantee status. Our Mission is to help communities in Zambia develop knowledge, values, and life skills that enable creativity, responsibility and healthy life styles through sub-granting and capacity building of local partners."

8 Diamond Drive
Martindale Area - Kitwe
Central
P. O Box 23567
Kitwe - Zambia

:+ 260-21-2-229 chep@zamnet.zm
512 / 230 234

[Website](#)

CTF Development Centre Ghana (Madina)

Voluntary Counselling
HIV Education, Research
Skill Building and Training
Psycho-Social Support

021 517817

Family AIDS Caring Trust (FACT) Zimbabwe

"The volunteers when they visit the orphans would offer the following services: Bereavement counseling, Talking to young boys and girls on growing up issues, Teaching the young household heads on home management, teaching mending skills and substitution skills, Taking sick children to the nearest clinic (which can be 5 to 10 km away on foot), cleaning the house, fetching water, ploughing the orphans field, encouraging the children to cope with their situation, Bathing the younger children, singing, sharing the gospel and praying."

12 Robert Mugabe Way

263-20-61648

enquiries@fact.org.zw

Hillcrest AIDS Centre Trust South Africa

"Counselling is provided to all who request it. It is a service offered free of charge and is done on a person to person basis, or in family groups / couples, telephonically or directly, face to face. Counselling is offered in both Zulu and English. Pre- and post testing as well as crisis counselling associated with HIV/AIDS is done at the Centre."

26 Old Main Road, Hillcrest, 27 (0) 31 765
3610, KZN, South Africa 5866

info@hillaims.org.za

Website

Humuliza

Tanzania

"provides comprehensive support to affected children." Incorporates two groups - "Vijana Simama Imara" and "Rafiki Mdogo" "Humuliza is known in specialist communities worldwide as the best-documented and scientifically supported project for AIDS orphans. The group therapy concepts matched to their special needs and manuals developed in Nshamba for training in psychosocial support are being adopted by other aid organizations."

255 28 222 25 humuliza@iwayafrica.com
90

**International
Federation of Red
Cross and Red
Crescent Societies -**

International

" Red Cross and Red Crescent volunteers are assisting people with HIV through home-based care programmes. They focus on providing emotional support to families and victims, encouraging and teaching family members to care for ill relatives at home, and preventive measures to avoid infection. The stresses on those caring for people with HIV/AIDS are enormous. HIV/AIDS programmes cannot afford to focus on victims alone. Caring for carers - many of whom are HIV positive - is a necessity, not a luxury. This programme will be expanded, giving further attention to teaching HIV/AIDS carers to deal with stress and how to prevent burnout."

International Federation of Red Cross
and Red Crescent Societies
P.O. Box 372
CH-1211 Geneva 19
Switzerland

41 22 730 42 22

Website

International HIV/AIDS Alliance - North Africa and Near East Programme

International

"The North Africa and Near East regional programme aims to respond to the sexual health needs of gay men and other men who have sex with men in Algeria, Morocco, Tunisia and Lebanon. The Alliance implements this programme through six organisations: Association de lutte contre le SIDA (ALCS) and Association Marocaine de Solidarité et Développement (AMSED) in Morocco, SIDC and Helem in Lebanon, ATL in Tunisia & APCS in Algeria. Building on the principle of community participation, and the success of the PCA process, the main strategies adopted by these projects in their countries and sites include: community mobilisation outreach work and peer education participatory development of educational materials setting up specialised communication and support services such as telephone hotlines and safe spaces/drop-in centres referral systems to help provide access to medical and support services for sexually transmitted infections, voluntary counselling and testing centres, psychologists small scale advocacy activities."

International HIV/AIDS Alliance (secretariat), Queensberry House, 104-106 Queens Road, Brighton BN1 3XF, United Kingdom

44 (0)1273 718900

mail@idsalliance.org

[Website](#)

Kitovu Mobile AIDS Organization

Masaka District, Uganda

Orphan and Family Support Programme Goal: "Improve capacity of the people affected by HIV/AIDS to address the psychosocial and economic consequences of HIV/AIDS. Counselling Programme Aim: The Programme aims at promoting the psychosocial wellbeing of the target groups in order to mitigate the short and long term psychological problems"

[Website](#)

Masiye Training Camp	Zimbabwe	A Masiye Camp staff member operates psychosocial support programmes for children infected with HIV at a local Bulawayo hospital. Some 2000 children are a part of this programme.	http://salvationarmyzim.org/contact-us/
Mercy Corps	International	"The programmes and projects deployed are usually not targeted towards the highly traumatized, but the general population or subgroups such as women or the elderly. At present, main projects relief aid that are being are deployed are Katrina Relief, Pakistan Kashmir and Northwest Frontier Province Earthquake Relief, HIV/AIDS Programme in Sudan, Youth Education for Life Skills in Liberia and Strengthening Community Support for Orphans and Vulnerable Children in Zimbabwe."	Dept. W 3015 SW First Ave Portland, OR – 97201
Midland AIDS Service Organisation	Zimbabwe	"Objectives To educate and offer training including technical support. To counsel and support. To promote self-help activities. To increase public awareness. To implement community based home and orphan care. To supply information. To mobilise and train people who can help. To provide a Drop-in Centre. To provide advocacy for AIDS related issues. To maintain intensive contact with other organisations with similar objectives."	P.O. Box 880, No. 30 B, 7th Street 263-54-21937 maso@adtech.co.zw Gweru, Gweru Zimbabwe

Website

Mothers2Mothers	South Africa	"Each month, more babies are born with HIV in one clinic in Africa than in one year in the United States, Canada and England combined. This is because treatment to prevent the infection of newborns in the developed world has become as simple as a single dose of medicine for the mother and her newborn. While these same clinical solutions are now available in Africa, their impact and effectiveness for HIV-positive mothers is less successful without complementary social, emotional and psychological support. mothers2mothers (m2m) helps save these children and their mothers by offering essential support."	P.O. Box 841, Cape Town, 8000, South Africa	27 21 466 9160 info@m2m.org	Website
NACWOLA - National Community of Women living with HIV and AIDS	Uganda	"We provide psycho-social support through home visits and counseling to members, their children and entire communities. NACWOLA's Memory Project responds to needs and problems of parents and children living in AIDS-affected families. It aims at empowering HIV infected parents to support their children to survive parental loss with less trauma. Parents are supported through training to disclose their HIV status and ill health to their children, plan for the future by establishing child guardianship arrangements, and provide documentation of important family history and precious memories in the format provided by the Memory Book."	P.O. Box 4485 Kampala, Uganda	256-41-269694 nacwola@infocom.co.ug	Website
Needs Care International	Ghana (Accra North)	Psycho social support		021-701258	

NEPHAK (National Empowerment Network of People with HIV/AIDS in Kenya)

Nairobi, Kenya

"The National Empowerment Network of People with AIDS in Kenya (NEPHAK) was formed in 2003 to strengthen coordination among community-based organizations, build capacity and combat stigma and discrimination.

NEPHAK's mission is to improve the quality of live of people living with HIV and AIDS (PLWHAs) and to ensure the meaningful involvement of PLWHAs in HIV prevention, care and support in Kenya. Since its formation, NEPHAK has become a powerful voice for PLWHAs in Kenya, with representation in almost all of the country's 78 districts and a strong presence in national and international forums."

PO Box 75654 00200,
Nairobi, Kenya

254 020
2736415

inviom@yahoo.com

Orphan Support Africa

Malawi

"Orphan Support Africa (OSA) is an established 501 (c) (3) non governmental organisation that empowers and works with community based organisations that support Orphan and vulnerable children (OVC) in Sub-Saharan Africa.....Among the services provided by CBOs to OVC care and support include- socioeconomic and psychological support, Education and school needs, and Community-based programs Medical care. "

Orphan Support Africa
P. O. Box 119
Zomba, Malawi

011 265 1 524
185,

[Website](#)

PACT	International - including Tanzania, Malawi, Zimbabwe, South Africa, Vietnam, Lesotho, Botswana, Swaziland	"Pact works hand-in-hand with local partners to support programming in a variety of areas that directly impact the HIV pandemic, including: Behavior change Prevention Care and treatment of People Living with HIV (PLHIV) Counseling and testing Prevention of mother-to-child transmission Stigma and discrimination reduction Support for orphans and vulnerable children Increasing organizational networking capability Support for community level caretakers Advocacy"	1200 18th St, NW Suite 350 202-466-5666 pact@pacthq.org Washington, DC 20036	Website
Positive Living Helper Cells Support Group	Selebi-Phikwe, Botswana	"Has implemented a buddy programme, which involves pairing two people living with HIV as "buddies" so that they may support each other on issues related to HIV & AIDS. This is a six month pilot project and is aimed at increasing psychological support for and among people living with HIV & AIDS."	P.O Box1094 Selibe-Phikwe 2618180	
Rural Help Integrated	Ghana (Bolgatanga)	HIV Education Psycho-Social Support	Postal Address: 233 72 23040 kodoi@africaonline.com.gh P. O. Box 166 Bolgatanga, UER, Ghana	

**Society for Women
and AIDS in Africa**

Benin, Botswana,
Burkina Faso,
Burundi,
Cameroon, Central
African Republic,
Chad, Comoros,
Congo Republic,
Democratic
Republic of the
Congo, Ethiopia,
Gabon, Gambia,
Ghana, Guinea,
Guinea-Bissau,
Ivory Coast, Kenya,
Lesotho, Liberia,
Madagascar,
Malawi, Mali,
Mauritania,
Mozambique,
Namibia, Niger,
Nigeria, Rwanda,
Senegal, Sierra
Leone, South
Africa, Sudan,
Swaziland,
Tanzania, Togo,
Uganda, Zambia,
Zimbabwe

"In 1988, several key African women leaders met at the 4th International AIDS Conference in Stockholm, Sweden and accurately predicted that HIV/AIDS would most severely impact women on their continent. It was at that moment that the seeds for the creation of SWAA were planted. Today SWAA is the only pan-African AIDS organization working with and for women and their families based on locally determined needs and priorities. SWAA mobilizes communities by strengthening capacity to prevent, control and mitigate the impact of the epidemic. Today, SWAA is a network of 40 grassroots country offices."

Sicap Sacre Coeur II
Villa No. 8608F
B.P 16-425
Dakar-Fann
Senegal

(221) 824 59 20 contact@swaainternational.org **Website**

South African Prisoners Organisation for Human Rights (SAPOHR)

South Africa

"SAPOHR was formed in 1989 by political and common law prisoners due to gross human rights violations on the part of prison warders and police during the time of arrest and detention. After 1994 the focus changed and the organisation began to concentrate on fighting HIV/AIDS in and outside of prisons. The KZN office offers counseling for inmates HIV infected inmates and advocates for the rights of prisoners to access treatment. It also provides home based care and psychological support to infected former inmates. The grant from the Foundation was used to support SAPOHR's HIV/AIDS work in KZN. "

5th Floor, Khotso House
62 Marshall St
Marshalltown
PO Box 61715
Johannesburg 2000
South Africa

(011) 833-
7871/7881/7877

The Dream Centre

South Africa

39 Kings Road
Pinetown
South Africa

Tel: 031 701
7300 / 072
4284598

neil@thedreamcentre.net

THE SINOMLANDO MEMORY BOX PROJECT

South Africa

"...[a] pioneering project to train organisational volunteers helping dying parents record their life stories and to pass on their favourite things and photographs in a Memory Box to their children after their death. These become 'treasures' that give an orphan an identity and a sense of belonging that they can otherwise easily lose. Community organisations also set up children's groups to work through bereavement issues."

Sinomlando Centre for Oral History and Memory Work in / 5511
Africa
School of Religion and Theology
New Arts Building
University of KwaZulu-Natal
Golf Road
Scottsville
Pietermaritzburg (South Africa)

West Africa AIDS Foundation	Ghana (Roman Ridge)	VCT Palliative care [hospice] HIV Education Psycho-Social Support		021 761294		
Wisdom Association	Ghana (Korlebu)	Self Help Group of PLWH's HIV Education Psycho-Social Support		0244 256 828		
Women United Against AIDS in Ghana	Ghana (Spintex)	Self Help Group of PLWH's HIV Education Psycho-Social Support	PMB MD 150, Madina, Accra, Ghana	233-24-4542987	info@wuaag.org	Website