

# World Federation for Mental Health Africa Initiative



## Online Resource Directory

Psychosocial Support – Reports, Resources & Best Practices

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## *Psychosocial Support – Reports, Resources & Best Practices*

<b>Authors</b>	<b>Title</b>	<b>Details</b>	<b>Online Link</b>
<b>Books of Hope</b>	Understanding your Mental Health (English and Zulu)		<b>Website</b>
<b>Books of Hope</b>	Living with HIV/AIDS (English, Pedi, Zulu, Sotha)		<b>Website</b>
<b>Brown L, Rice J, Boris N, Thurman T, Snider L, Ntaganira J, Nyirazinyoye L, Kalisa E, Nshizirungu E</b>	Psychosocial benefits of a mentoring program for youth-headed households in Rwanda	Horizons Research Summary. Washington, DC: Population Council.	<b>PDF</b>
<b>Brown L, Thurman T, Snider L</b>	Strengthening the psychosocial well-being of youth-headed households in Rwanda: Baseline findings from an intervention trial	Horizons Research Update. Washington, DC: Population Council.	<b>PDF</b>
<b>Brown L, Thurman T, Kalisa E, Rice J, de Dieu Bizimana J, Boris N, Snider L, Ntaganira J</b>	Supporting volunteer mentors: Insights from a mentorship program for youth-headed households in Rwanda	Horizons Research Summary. Washington, DC: Population Council.	<b>PDF</b>
<b>Gilborn L, Apicella L, Brakarsh J, Dube L, Jemison K, Kluckow M, Smith T, Snider L</b>	Orphans and vulnerable youth in Bulawayo, Zimbabwe: An exploratory study of psychosocial well-being and psychosocial support	Horizons Final Report. Washington, DC: Population Council.	<b>PDF</b>

<b>Humuliza</b>	Humuliza Psychosocial Support Training Resources - Concepts on Childhood	The introduction for this (the Humuliza) training workshop was written in 1999 and seen as a workbook. The chapter “Concepts on Childhood” ties in with the discussion about whether or not the HIV/AIDS epidemic has an impact on the social construction of childhood.	<b>Website</b>
<b>Humuliza</b>	Humuliza Psychosocial Support Training Resources -Children and Grief: When Parents Die	"The chapter “Children and Grief: When Parents Die” is essentially based on the readings of William Worden’s work and deals with basic questions related to grieving and mourning in children, with specific reference to the African context."	<b>Website</b>
<b>Humuliza</b>	Humuliza Psychosocial Support Training Resources -Basic Concepts – A Set of Tools for Comprehension	"The chapter “Basic Concepts – A Set of Tools for Comprehension” deals with concepts such as risk, vulnerability, the protective mechanism, stress, trauma, coping and resilience. An attached table tries to envision these concepts in a dynamic way."	<b>Website</b>
<b>Humuliza</b>	Humuliza Psychosocial Support Training Resources -Table on Psychosocial Processes	Table on Psychosocial Processes	<b>Website</b>
<b>Humuliza</b>	Humuliza Ocassional Papers for Download - Expand expertise and stimulate discussion in psychsocial support	No.8 "How terminally sick parents communicate with their children" (Based on research findings by Mr. W. Rugaimukamu in Kagera, Tanzania).	<b>Website</b>
<b>Humuliza</b>	Humuliza Ocassional Papers for Download - Expand expertise and stimulate discussion in psychsocial support	No.9 "Psychosocial support for children affected by HIV/AIDS from a cross-cultural View". (Conference paper presented by Kurt Madoerin, REPSSI).	<b>Website</b>
<b>Humuliza</b>	Humuliza Ocassional Papers for Download - Expand expertise and stimulate discussion in psychsocial support	No.10 “The ‘Journey of Life’: an instrument for the improvement of the orphan-caregiver relationship”	<b>Website</b>

<b>Humuliza</b>	Humuliza Occasional Papers for Download - Expand expertise and stimulate discussion in psychosocial support	No.11"Scenario-building around orphanhood and the role of psychosocial support"	<b>Website</b>
<b>Humuliza</b>	Humuliza Occasional Papers for Download - Expand expertise and stimulate discussion in psychosocial support	No.12"Theoretical consideration on the dynamics in the realm of psychosocial support, based on the experiences of the VSI"	<b>Website</b>
<b>International HIV/AIDS Alliance</b>	Building Blocks: Africa-wide briefing notes - Psychosocial support	International HIV/AIDS Alliance	<b>Website</b>
<b>Richter L, Foster G, Sherr L for the Bernard van Leer Foundation</b>	Where the heart is: meeting the psychosocial needs of young children in the context of HIV/AIDS	The Hague, the Netherlands: Bernard van Leer Foundation	<b>PDF</b>
<b>Sherr L for the Bernard van Leer Foundation</b>	HIV and young children: An annotated bibliography on psychosocial perspectives	"The second in a dedicated sub-series of working papers devoted to young children and HIV/AIDS, this annotated bibliography offers a practical guide to the content of the references which informed the literature review presented in Working Paper 33 (Young Children and HIV/AIDS: Mapping the Field). It is intended to help readers who want to go deeper into the issues and explore the original source material"	<b>PDF</b>
<b>Sherr L for the Bernard van Leer Foundation</b>	Young children and HIV/AIDS: Mapping the field	"The first in a dedicated sub-series of working papers devoted to young children and HIV/AIDS, this paper offers a concise and comprehensive overview of the literature from a psychological perspective. It explores a range of issues in emotional, psychological, social and physical development, and their relation to broader issues including poverty, nutrition and human rights. It identifies gaps in knowledge and will help funders, policy makers and practitioners to locate their own work in the bigger picture. "	<b>PDF</b>

<b>Nelson TC, Esu-Williams E, Mchunu L, Nyamakazi P, Mnguni S, Schenk K, Searle C, Redner J</b>	Training youth caregivers to provide HIV education and support to orphans and vulnerable children in South Africa	Horizons Research Summary. Washington, DC: Population Council.	<b>PDF</b>
<b>REPSSI</b>	Living with X" A Body Mapping Journey in the Time of HIV and AIDS: A Facilitator's Guide	"This manual guides facilitators through the process of developing body maps with a group. Using the traced shape of the body, the life-size body maps include everything that we feel is most important about ourselves."	<b>PDF</b>
<b>REPSSI</b>	Journey of Life Manual - Part 1	"This part of the manual contains the facilitator's guide, as well as the workshop details for Journey of Life."	<b>PDF</b>
<b>REPSSI</b>	Journey of Life Manual - Part 2	"This second part of the Journey of Life Manual contains the action workshops on Community Parenting, Helping Our Children to Understand Death, Teaching Life Skills to Our Children and Training of Trainers."	<b>PDF</b>
<b>REPSSI</b>	Journey of Life Manual - Part 3 (Picture Codes)	"This third part of the Journey of Life manual contains the picture codes and their corresponding learning points."	<b>PDF</b>
<b>REPSSI</b>	Mainstreaming Psychosocial Support into Conflict and Emergency (and Post Conflict and Emergency) Set	"This draft guideline sets out the context in which mainstreaming of PSS takes place in the area of conflict. It includes references to various tools and products that can successfully be used to provide psychosocial services to children in conflict or post-conflict situations."	<b>PDF</b>

<b>REPSSI</b>	Making a Hero Book: Facilitator's Guide	"This manual steps you through the process of facilitating a group of children through a series of autobiographical storytelling and art exercises to create their own Hero Books. By doing this, the children find solutions to the personal and social challenges they face. The process also helps to encourage the community to respond to these challenges in an active way."	<b>PDF</b>
<b>REPSSI</b>	Memory Box Manual	"This manual began as the work of Jonathan Morgan in 1999-2000, inspired by the work of the NACWOLA women of Uganda. It underwent further development under Jonathan's direction at the Memory Box Project, UCT, (2001 – 2003). Most recently it has been developed under the auspices of REPSSI."	<b>PDF</b>
<b>REPSSI</b>	Psychosocial care and support for young children and infants in the time of HIV and Aids: A resource	"This manual provides guidelines for providing psychosocial care and support to young children."	<b>PDF</b>
<b>REPSSI</b>	Tree of Life Manual	"This manual sets out how to go about using the Tree of Life tool. The Tree of Life is a psychosocial support tool based on Narrative Practices. It is a tool that uses different parts of a tree as metaphors to represent the different aspects of our lives."	<b>PDF</b>
<b>REPSSI</b>	Evaluation of Hero Book Intervention: Report on Qualitative Data	"This assessment sets out the findings of a qualitative survey into the effectiveness of the Hero Book approach."	<b>PDF</b>
<b>REPSSI</b>	Evaluation of Hero Book Intervention: Report on Quantitative Data	"This assessment reports the findings of the quantitative research into the effectiveness of the Hero Book approach."	<b>PDF</b>

<b>REPSSI</b>	Journey of Life Assessment: Final Report	"This assessment critically examines the Journey of Life tool, presenting case studies on the use of the tool in various contexts, and analysing the various components of the tool."	<b>PDF</b>
<b>REPSSI</b>	Psychosocial Capacity Assessment Tool	"The REPSSI Psychosocial Capacity Assessment Tool (PSSAT) is a tool designed to help partner organisations assess their psychosocial capacity. The tool is divided into 2 sections: Capacity building and psychosocial competency."	<b>PDF</b>
<b>REPSSI</b>	The Mill	"The Mill" is REPSSI's evaluation tool for assessing the various PSS tools developed by the organisation. This process helps ensure that REPSSI tools are high quality and have a sound evidence base.	<b>PDF</b>
<b>REPSSI</b>	Druscilla and Other Heros	"This case study examines how the Hero Book process was piloted in Eikendal Primary School in Cape Town, South Africa, as part of an ongoing effort to introduce Hero Booking into the school curriculum."	<b>PDF</b>
<b>Unicef</b>	Children on the Brink 2004: A joint report of new orphan estimates and a framework for action	"Millions of children are growing up without parents. Millions more are in households with family members sick or dying from AIDS; children in sub-Saharan African have been hardest hit. Children on the Brink 2004 presents the latest statistics on historical, current and projected numbers of children under 18 who have been orphaned by AIDS and other causes. This edition of the biannual report underscores the changing needs of this vulnerable group as they progress through adolescence and calls for the urgent development and expansion of family and community support."	<b>PDF</b>

**Unicef**

Framework for the Protection, Care and Support of Orphans and Vulnerable Children Living in a World with HIV and AIDS

"A broad range of stakeholders from all sectors of society collaborated to produce the Framework. It is targeted to senior leaders and decision makers around the world who can influence policies, programmes and resources directed to orphans and vulnerable children. Its purpose is to provide a common agenda for mounting an effective response."

**PDF**

**Unicef and World Conference of Religions for World Peace**

Study of the Response by Faith-based Organisations to Orphans and Vulnerable Children

**PDF**

**WHO**

Mental Health and HIV/AIDS series - Psychosocial Support

**PDF**

## WHO

Basic Principles of Treatment and Psychosocial Support of Drug Dependent People living with HIV/AIDS

"This guidance document, built on expert advice and developed in consultation with UNAIDS, articulates the central principles for treatment and support of HIV-positive injecting drug users. It is addressed to policy makers, treatment planners and service providers, particularly those who deal with substance-dependent populations, and to patient organizations. It is intended not only to help ensure that this population has fair access to anti-retroviral and other HIV-related treatment— in line with that available to persons who are not substance-dependent—but to stimulate coordination and communication among healthcare providers in different delivery systems. Building on existing guidance documents for HIV prevention and treatment in a wide variety of settings, this document also describes components and concrete actions to promote these principles in practice. While the principles and implementing steps are interrelated and interdependent, in the interest of promoting a broad view of the unique problems posed by the group at hand, each principle is treated separately."

PDF

**WHO**

HIV-infected women and their families: psychosocial support and related issues. A literature review.

"This review is divided into three sections. Section one provides a synthesis of the reviewed literature on prevention of mother-to-child transmission (PMTCT) of HIV, voluntary HIV testing and counselling (VCT), and other issues that impact on the care, psychosocial support and counselling needs of HIV-infected women and their families in the perinatal period. Section two provides examples from around the world of projects that focus on the care and support of women and families, with a focus on MTCT. The final section contains recommendations on psychosocial support and counselling for HIV-infected women and families."

**PDF**

**WHO**

The role of the health sector in strengthening systems to support children's healthy development in communities affected by HIV/AIDS: A review

"This WHO Review argues that the foundation of an effective and scaleable response to protecting the wellbeing of children must be based on functional systems of care - the family, community, as well as health, education and social services. A broad and strong response, emanating from and supported by the health sector has the potential to have a far greater impact on the psychosocial wellbeing of children than can be achieved with stand-alone psychosocial support programmes."

**PDF**