

WORLD FEDERATION FOR MENTAL HEALTH

An International Non-Governmental Organization

in official relationship with the Economic & Social Council of the U.N., I.L.O., UNESCO, WHO and UNICEF

1, rue Gevray, Geneva, Switzerland

February, 1964

no 1

Director-General's Column

Here is the first issue of the promised Newsletter for which we have reverted to the original title of our Journal, *Bulletin of the World Federation for Mental Health*. It will be published five times a year in English and in French. It is hoped in the future to produce a Spanish and German edition. . . . One of the major aims of the Bulletin is to establish closer relations and cooperation between Member Associations, Affiliated Organizations, Associates and the Geneva Secretariat. . . . There was a need for such a flexible channel of communication. Because our organization has members all over the world, it is necessary to provide facilities for the exchange of information. In this connection I would like to invite all our readers to send their suggestions to headquarters. May I also invite our Member Associations and Affiliated Organizations to nominate correspondents, who could be in regular contact with the editors. . . . What material will the Bulletin publish? It depends entirely on the requirements of the membership. It is felt that such information as significant developments in mental health in one country, special activities of a Member Association, publications or books, nominations and conferences might be of interest. Furthermore, you might like to know, more extensively and more regularly than in the past, what is taking place in your Federation: news from the Secretariat and from the Executive Board, notes on the meetings attended on your behalf, progress reports on scientific activities, relevant information on the international organizations with whom the Federation has consultative status. These are just a few examples. . . . The Bulletin does not really replace *World Mental Health*, which, as you know, is being suspended for the present. Since 1949, the year of the first issue, our Journal has played an important part in the great changes that have taken place in the field of mental health. Many people think that it would be a pity to see it

disappear and that there is a place in our program for a publication of "substance"... The Executive Board, at its next meeting, will be presented with a proposal for a multiprofessional and interdisciplinary Journal, which would be the true successor of *World Mental Health*. The Federation will then have two publications fulfilling different needs.

1, Rue Gevray

WFMH was the first occupant of 1 Rue Gevray, a well located modern glass and aluminium building now nearing completion. There are offices for the senior staff, a combination library-conference room, and a secretarial center. As our services expand so will demands for space and some provisions have been made for additional facilities. After the pounding of airhammers subsided we held a pleasant Christmas reception for the staff and the only other building occupants, the Algerian Mission to the UN. Future tenants will include sections of the International Communications Union and the International Labour Office. A "housewarming" for our Geneva friends and colleagues is planned.

17th Annual Meeting

For its forthcoming 17th Annual Meeting, the Federation will be the guest of Switzerland. The invitation to meet in the capital city of Berne was extended by our three Swiss Member Associations: *le Comité National Suisse d'Hygiène Mentale*, headed by Prof. Elio GOBBI, *l'Association Suisse pour la Protection de la Santé Mentale*, and by *Pro Infirmis*, whose Vice President is a former WFMH President, Dr. André REPOND. . . . A dynamic organizing committee has started preparations. It is chaired by Dr. H. WALTHER-BUEL, Director of the State Psychiatric Clinic of Berne and Professor at Berne University. Many old and new friends of the Federation, from all parts of Switzerland, have joined in enlisting prominent sponsors, raising local

funds, and finding adequate housing and meeting space in Berne. . . . To date our patrons include Professor TSCHUDI, member of the Federal Government, Herr GIOVANOLI, Director of Public Health and member of the Government of the Canton of Berne, Herr FREIMUELLER, the Mayor of Berne, Dr. M. G. CANDAU, Director-General of the World Health Organization, Geneva, Prof. Dr. J. de AJURIAGUERRA, Director of the University Clinic, Geneva, Prof. Dr. H. BLEULER, Director of the Burghölzli, Zurich and other distinguished representatives of the cultural, religious and business life of Switzerland. . . . The University, whose Rector is on the Committee, is providing meeting space for the Plenary Sessions, Technical Sections, and Discussion Groups. The official Berne Tourist Office will handle hotel reservations, and the Chairman of the Board of the Berne State Bank will serve as Treasurer. . . . The timeliness of the theme, *Industrialization and Mental Health*, is expected to attract many friends and WFMH Associates to Berne next August. A special Committee of the Federation has long been studying mental health problems related to the effects of industrialization, which is of such vital concern in so many countries. The first announcement on the Annual Meeting has already been sent out in English, French and German and the response so far has been excellent. . . . We are confident that with the enthusiastic help of our Swiss friends and with the participation of our membership and some outstanding experts from many lands, the Berne meeting will mark an important milestone in the life of the Federation.

Berne Discussion Groups

Following the initiative of the U.K. Committee and the Study Groups organized by its Member Associations, several Discussion Groups are now being planned for Berne. Member Associations have been informed of these developments and invited to organize their own preliminary Study Groups and contact the

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1963-1964

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Chairman of the Berne Sessions. Through these advance meetings and exchanges of information, it is hoped that the Berne Discussion Groups will stimulate truly intercultural consideration of important topics. The Groups are scheduled to meet on three afternoons with a report at the final Plenary Session and in the published Proceedings. Participants in the Annual Meeting will have an opportunity to register in the Discussion Group of their choice. More details in future *Bulletins*.

WFMH INFO CENTRE

Information is, at one and the same time, the primary product and principal ingredient of scientific, professional and administrative progress. When WFMH was organized in 1948 it stated as one of its major objectives "to provide information". The *Info Centre in Geneva* represents a continuing expansion of the Federation's endeavours over the past 15 years to collect and distribute specialized information to member associations, individual members, professional societies and governmental agencies. A prospectus of initial plans is presented in *World Mental Health*, 1963, 15, 174-176; reprint available at request. . . . Our location in Geneva greatly facilitates collaboration with many international organizations, particularly the *Mental Health Section of WHO*. . . . We also anticipate close cooperation with the *National Clearinghouse for Mental Health Information*, recently established in the *National Institute for Mental Health (U.S.A.)* whose operation is expected to be worldwide in scope. . . . Or particular interest

is the *Collection of Autographed Books* in the still small WFMH Library; donations are most welcome and will be acknowledged here. . . .

Secretariat News

Dr. François CLOUTIER visited *Kenya, Nigeria and the Sudan*; participated in the meetings of the *Ligue Française d'Hygiène Mentale in Paris*; represented WFMH at the Executive Board Meeting of the *Council of International Organization of Medical Sciences (CIOMS)*, of which WFMH is a member, and joined in the first South African Conference on Mental Health held in *Cape Town* in October 1963. The *Council on World Tension* will hold an important conference chaired by Paul G. HOFFMAN, Managing Director, UN Special Fund, at the University of Malaya in Kuala Lumpur, on the *Problems of Development in the South Asia Pacific Region*. Dr. François CLOUTIER has prepared a working paper on *Psychological Implications of Accelerated Development* and has been invited to attend the Meeting. . . . Dr. Pierre A. VISSEUR traveled to the *U.S.A.*, where he met with the U.S. Committee for WFMH and participated in the Annual Meeting of the *National Association for Mental Health in Washington*. . . . Dr. Henry P. DAVID, who joined the WFMH Secretariat in October 1963, was invited to a meeting convened by the *National Clearinghouse for Mental Health Information in Bethesda (U.S.A.)*, met with correspondents for the WFMH Information Centre in *Denmark, France, Netherlands, Switzerland, and the United Kingdom*, and visited mental health centers in *Israel and Greece*. . . . Dr. Solange CLOUTIER joined Dr. DAVID in discussions with French and Swiss correspondents. . . . The first meeting in our Conference Room was held by the Berne Program Advisory Committee, chaired by Dr. Elio GOBBI, President of the *Comité National Suisse d'Hygiène Mentale*. . . . On February 10, the *Bureau of the WFMH Executive Board* will meet in Geneva; we are looking forward to welcoming the Chairman, Dr. Hans STROTZKA, the Vice-Chairman, Dr. Claude VEIL, and the Treasurer, Sir Geoffrey VICKERS. . . . To facilitate visibility of WFMH, a *membership card* is planned and consideration is being given to a universally acceptable *symbol*; suggestions welcome. . . . The *Scientific Committee* met at Ditchley Park (U.K.) in late October; Prof. H. C. RÜMKE presided and was joined by Dr. Margaret MEAD, Dr. Peter BERNER, Prof. Otto KLINEBERG, Prof. Peter KLOPFER, Dr. Kenneth SODDY, and Miss Mary KIDSON. Plans were made for publishing a report on *Men in Middle Age*. Dr. SODDY also reports that the "Roffey Park" report (the full report of the discussion out of which *International Perspective in Mental Health* was edited) will be published in 3 volumes instead of the one previously

proposed. . . . Mrs. Elizabeth COHEN, WFMH Representative at the UN in New York, was elected Secretary-Treasurer of the N. Y. Section for the Conference of Non-Governmental Organizations in Consultative Status with the UN Economic and Social Council. . . . Dr. Anne AUDEOUD-NAVILLE, our WFMH Representative at the UN offices in Geneva, is developing a *program of visits* to mental health establishments for our visitors. . . . William T. BEATY II, Executive Director of the WFMH New York Regional Office, became Secretary of the Board of Trustees of the American Foundation for Mental Hygiene. . . .

Delinquency Study

Through the generous support of the *Falk Medical Fund* and by invitation of the *Menninger Clinic*, WFMH and its U.S. Committee will sponsor an international and interdisciplinary study group of distinguished behavioral scientists to be convened in Topeka, Kansas, September 8-18, 1964. The aim is to reach "a better understanding of the fashions in delinquency which prevail in different social and cultural conditions, and the part played by the peer cultures in various societies in determining these patterns of delinquent behavior." Prof. Otto KLINEBERG (Paris) will serve as Chairman and Dr. Edward D. GREENWOOD (Topeka) will be the Director of the meeting. As Research Consultant, Dr. Robert AHRENFELDT (London) plans to survey and synthesize the known world literature. Dr. T. C. N. GIBBENS (London) will join with Dr. AHRENFELDT in preparing the report of the 10 day meeting for publication. Dr. J. R. REES (London) is the Project Co-ordinator, assisted by William T. BEATY II, Executive Director of the WFMH New York office.

WFMH Publications

The N. Y. Regional Office announces publication of *The Selection of Personnel for International Service*, edited by Mottram TORRE with major contributions by several experts including Margaret MEAD and Otto KLINEBERG; preface by George STEVENSON. In preparation since 1957, with support from Ford and Carnegie, the volume considers personnel policies and cultural factors in the recruitment of staff for governmental agencies, business, educational, and other non-commercial service programs. \$5.00 from the Publication Office: 104 E 25 St., New York, N. Y.; reduction on multiple copies. . . . *Amsterdam Proceedings* are in the editorial stage. . . . List of *Current WFMH Publications* on request to 1 Rue Gevray, Geneva. . . . Dr. François CLOUTIER has edited a 34 p. pamphlet describing *The WFMH, Structure and Programme*; which includes a historical chronology of activities. Available for the cost of

postage (International Postal Coupon, please). This comprehensive review should be of particular interest to both old and new friends of the Federation. A French edition is being prepared. . . . Presses Universitaires de France has published *Perspective Internationale de la Santé Mentale*. . . . A French edition of *People in Hospital* by Elisabeth BARNES is in preparation.

Help Wanted

In this section the Bulletin will try to assist Member Associations and members in learning from the experience of others. For example, an interdisciplinary committee is seeking suggestions for re-organizing the *school mental health services* in Sao Paulo, Brazil. If you have some useful material, please send it to Dr. Bernardo AKERMAN, Margo Sto. Agostinho 40, Sao Paulo, Brazil. . . . Dr. Baltazar CARAVEDO, Chief of the Division of Mental Hygiene, Ministry of Public Health and Social Assistance, Lima, Peru, informs us that Peruvian authorities are in the process of revising *mental health legislation* and preparing a *National Plan for Psychiatric Assistance*. Suggestions and experience from other countries would be most welcome.

From our Member Associations

The Malta Welfare Society for the Handicapped, P. O. Box 500, Valletta, launched a *Mental Health Journal*. . . . The South African National Council for MH held the *first South African National Conference* on MH. . . . The Caribbean Federation for MH organized a successful *Volunteer Professional Services Program*; details from Dr. Bertram SCHAFFNER, 220 Central Park South, New York 19, N. Y., U.S.A. . . . The NAMH (U.S.A.) raised funds with a New Year's Eve Ball in Grand Central Station, New York. . . . Our six French Member Associations (Ecole des Parents, Elan, Féd. des Sociétés de Croix-Marine, Ligue Française d'Hygiène Mentale, Société Française de Médecine Psychosomatique, UNAR) are forming a *French Committee* for MH. . . . Papers from the *First Hellenic Congress of Psychiatry* appear in the Archives of Neurology and Psychiatry, Athens. . . . The NAMH (U.K.) has prepared a series of *Parents Guidance Booklets*; details from 39 Queen Anne Str., London, W. 1. . . . Of particular interest are *journals* regularly published by our Member Associations; please send us copies. . . . Anybody reading Danish should have *Mentalhygiejne*; sample copy from the Exec. Director, Eggert Peterson, Bredgade 30, Copenhagen. . . . On the occasion of his retirement from the Institute Anitônio Aurélio da Costa

Ferreira, of which he was the Director, Prof. Dr. Vitor FONTES, member of the WFMH Executive Board, published a special 800 p. issue of *A Crianca Portuguesa* on *child psychiatry*, with numerous papers from all over the world; copies are available from the Institute: Travessa das Terras de Sant'Ana, 15 Lisboa. . . . The Dutch Federation has good experience in the use of *MH Films for TV*; details from Miss de Rooy, 42 Viotta Str., Amsterdam. . . . The THAI Association will hold its *Mental Health Week* in Bangkok this month. . . .

International Organisations

On December 10, 1963 the UN celebrated the 15th Anniversary of the *Universal Declaration of Human Rights*; WFMH joined in recording this milestone. . . . In view of the approaching 20th Anniversary of the UN, it has been suggested that the General Assembly designate 1964 as *International Cooperation Year*. . . . The *International Red Cross* celebrated its *Centenary* in Geneva. . . . The 1964 UNESCO General Conference will be asked to consider a major budget increase to expand *social science research*, particularly its applications to the needs of developing countries. . . . The latest addition to the UNESCO complex at the Place de Fontenoy in Paris is the *International Institute for Educational Planning*; established by grants from Ford Foundation and the International Bank for Reconstruction and Development. . . . The Institute will assume particular importance in view of the recent UNESCO report that, outside Europe and North America, less than half the children attend primary school; with the population growth, the *increase in illiterate adults* is 20 to 25 million per year. . . .

MH Materials

The NIMH Publications Section (Bethesda, Md, U.S.A.) has a summary of surveys on *Public Opinions and Attitudes about Mental Health* by Harold HALPERT, documenting the forward motion during the past decade of better public understanding of mental illness. . . . Harry MILT, Director of Public Information of the NAMH (U.S.A.), wrote a 32 p. pamphlet on *Severe Mental Illness in Children* based on a review of current psychiatric literature; review copy on request from Public Affairs Pamphlets, 22 E 38th St., New York 16, N.Y., U.S.A. . . . Another excellent 20 p. pamphlet from the same source (Public Affairs Pamphlets) is *Mental Aftercare* by Emma HARRISON, distinguished social science writer of the *New York Times*. . . . Single copies of *Mental Disorders of the Aging*, a 19 p. educational pamphlet, are available from

the NIMH (Bethesda, Md, U.S.A.) The well edited *SKF Psychiatric Reporter* is distributed without cost from 1500 Spring Garden Street, Philadelphia 1, Pa., U.S.A. . . . available at the Joint Information Service, 1700 18th St. N.W., Washington, is a reprint of *Plans for Planning*, analyzing mental health planning proposals in the U.S. A consistently informative and bilingual resource is *Canada's Mental Health*, published monthly by the MH Division of the Department of National Health and Welfare, Ottawa, Ontario, Canada; complimentary copies in English or French on request to the editor, Carl BIRCHARD. . . . An annotated bibliography of basic areas of psychiatry, psychotherapy, and the *mental health movement* is available for \$1.00 from the Colorado Dept. of Public Welfare Library, 1525 Sherman St., Denver 3, Colo., U.S.A. The Nov. 1963 *Bulletin de Psychologie* is a 350 p. special issue on *projective psychology*; published by the Groupe d'Etudes de Psychologie de l'Université de Paris. . . . Problems of *adolescents and teenagers* are well discussed in the Oct. 1963 *Mental Health*, published by the National Association for Mental Health, 39 Queen Anne St., London W.1. . . . While in Israel we noted with interest two papers describing the development and organization of a *Work Village for Mental Patients*; single copies from Dr. J. SCHOSSBERGER, Kfar Shaul Work Village, Jerusalem. . . . An introductory report on *Aide par le Travail aux Handicapés Psychiques dans le Milieu Social* by Henri BONNET will be found in No. 3, 1963, of *Revue Pratique de Psychologie de la Vie Sociale et d'Hygiène Mentale*. . . . A report on the Strasbourg meetings on *Les Méthodes de Relaxation*, led by Prof. Th. KAMMERER, is presented as a special issue (No. 16-17) of *Cahiers de Psychiatrie*.

How to get the Bulletin

The Bulletin is sent only to the membership of WFMH and is not available on a subscription basis. If you are interested in receiving future copies, please fill out this form:

To: World Federation for Mental Health
1 Rue Gevray, Geneva,
Switzerland

Please send me a courtesy copy of the next Bulletin and an Application Form to join WFMH. My name and address are indicated below.

WHO

Dr. Pieter A. H. BAAN, Professor and Director of the University Psychiatric Dept., Groningen, Netherlands, became Chief of the MH Section on October 1, 1963. In addition to specialization in psychiatry and neurology, Dr. Baan also has a degree in law. We join his many friends in welcoming Dr. Baan to Geneva A report on the April 1962 Athens Seminar on *Mental Health and the Family* is available from the WHO Regional Office for Europe, 8 Scherpigvej, Copenhagen, Denmark A Seminar on *In-Patient Psychiatric Treatment* was held in Frankfurt in October The 12th Report of the Expert Comm. on MH, *Training of Psychiatrists*, has been published in English and French as *WHO Technical Report Series No. 252*; it reflects the dearth of training facilities in most geographic areas, indicates the wide variety in duration and methods, and offers suggestions for training programs According to surveys in Denmark and the U.K. one person in four consulting general practitioners presents psychiatric or psychosomatic problems The 33rd Session of the WHO Executive Board was held in January; among the projects studied was the organization of a *World Research Center on Health* For details on *WHO Fellowships*, write to the Ministry of Health in your country.

Perspectives

"The time has come for a bold new approach." So wrote President John F. KENNEDY in the first Message on Mental Illness and Mental Retardation ever sent to the U.S. Congress by any American President. Shortly before his tragic death he signed legislation of historic impact on mental health and retardation not only on the United States but everywhere. Along with all humanity, the World Federation and the Mental Health Movement will miss his imaginative leadership Upon hearing the fateful news from Dallas, WFMH and its U.S. Committee sent a telegram to Mrs. Kennedy expressing their sympathy and citing the loss of a man "*whose untiring efforts have so much promoted better mental health among nations and peoples throughout the world*". It was in December 1961 that John F. Kennedy wrote a letter to the World Federation for Mental Health, on the occasion of a dinner organized in New York by the U.S. Committee, Inc. "To fulfill our hopes for the world of tomorrow, we will need to make full use of all our human resources, including the highest possible level of mental health. This means we must undertake without delay a comprehensive, a coordinated, and a concentrated attack upon the basic problems of mental illness. Voluntary organizations such as yours must assume a major responsibility.

The problems transcend national boundaries. But the opportunities for progress are unlimited."

Films

With the move from London to Geneva, the WFMH Information Centre will no longer engage in the *film distribution* phase of MH education. Through the assistance of the WFMH Film Consultant, Dr. T. L. PILKINGTON, arrangements were made to have such activities assumed by the *British Film Institute*, 81 Dean Street, London W. 1 Dr. Pilkington has also prepared *A Guide to Making and Using Mental Health Films*, published by the National Association for MH, 39 Queen Anne St., London W. 1 (2 sh 6 d) Interested members outside the U.K. may wish to request the current catalogue of the *UN Film Section*, European Social Welfare Program Unit, Office of Social Affairs, UN, Geneva; films are sent on loan free of charge with the borrower paying for return air parcel post *The 91st Day* is a new film produced for the National Association for MH (U.S.A.), dramatizing intensive treatment for all hospitalized mentally ill patients; discussion guide and details on this 90 min. black and white production from SKF Labs, 1500 Spring Garden Str., Philadelphia, Pa. Information on most current MH films is available from *Mental Health Film Board*, 164E. 38 Str. New York 16, N.Y. (U.S.A.)

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The National Research Council of Thailand has established its own *Journal*; sample copy from the Thai National Documentation Center, Government House, Bangkok Vol. I of the *Journal of Psychiatric Nursing* shows that a professional journal in this important field was overdue; for sample copy write the editor, A. C. SOOTKOOS, Box 204, Bordentown, N. J., U.S.A. Vol. I No. 1 of the *Israel Annals of Psychiatry* reflects a wide range of activities and research; published twice yearly by Jerusalem Academic Press, 40 Agrippas Rd., Jerusalem, Israel *The International Council of Psychologists*, a WFMH Member Association, has launched *International Understanding*; the first issue features a symposium on *Barriers to International Understanding*, Problems of Cross-Cultural Communication; edited by Dr. Cecily GRUMBINE, 2439 Sunset Lane, Bel Air Park, Greeley, Colo., U.S.A.

Documentation Centers

Under the direction of former WFMH Board Member, Prof. Dr. VON BAEYER, a *Dokumentationsstelle für Psychohygiene* has been established at the Psychiatrische

u. Neurologische Klinik der Universität Heidelberg (Voss-Str. 4) The *Journal of Social Issues* is one of the first social science journals with *detachable abstracts* to come to our attention; we'd welcome other samples For good ideas on organizing *Congress Proceedings*, note the Oct. 1963 Newslet. of CIOMS (6, Rue Franklin, Paris 16, France) The *Mental Health Book Review Index* offers an annual listing of 400 book reviews, selected from 150 behavioral science journals and organized as a bibliography by skilled librarians; reflects important trends in the ever more comprehensive MH literature; \$5.00 per copy from Paul Klapper Library, Queens College, Flushing 67, N. Y., U.S.A. Those making plans to visit the 1964 World's Fair in New York, may wish to note the American Reference Center, where the latest in *information retrieval techniques* and equipment will be on display In December we visited the impressive UNESCO *Social Science Documentation Center* (Place de Fontenoy, Paris) A symposium on the *use of new techniques* in libraries and documentation centers was held in Geneva during Febr. 1963; copy of the 72 p. report in French or English from the International Institute for Labour Studies, ILO, Geneva, Suisse ILO also plans to open a *World Clearinghouse* for information on social and economic consequences of automation

Professor E. Eduardo Krapf

It is with great regret that we inform you of the passing on December 9, 1963 of Prof. Eduardo KRAPF, Past President of WFMH and recently retired Chief of the WHO Mental Health Section. Born and educated in Germany, Professor Krapf spent the greater part of his productive career in Argentina where he was an Associate Professor of Psychiatry at the University of Buenos Aires; he was also appointed Extraordinary Professor at the University of Cologne and Honorary Professor at the University of Manila.

The death of professor Krapf is a loss not only to WFMH but also to the mental health movement all over the world. We join his many friends in expressing our sympathy to his wife, who shared his life so fully.

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