

2008 WMHDAY REPORT FORM

How Did You Celebrate The Day?

Here is your chance to let us know about your World Mental Health Day events and help us improve future education packets. The strength of this project lies in the effect it has in the field - therefore we urge you to send in a report of your 2008 activities. We hope everyone will join in, not only by doing something to 'spread the word' but also by letting the rest of the world know what you are doing by writing back to us! Every event - no matter how large or small - is important to us. And all pictures, news articles, and promotional materials are welcome. Most of the prominent activities, if received by 28 February 2009, will be up on the WFMH Website. We look forward to hearing from all of you!

Submission of a completed World Mental Health Day Report Form and supporting documentation on how you celebrated the day will qualify your organization for entry into the judging for the 2008 Richard C. Hunter World Mental Health Day Award for Excellence competition. To be eligible for judging, campaign report and materials must be received at WFMH by 28 February 2009.

(PLEASE PRINT ALL INFORMATION)

NAME:

ORGANIZATION: SPANISH CONFEDERATION OF GROUPINGS OF FAMILIES AND
PEOPLE WITH MENTAL ILLNESS - FEAFES

ADDRESS: Hernández Más 20-24
28053 MADRID

PHONE: +34 91 507 92 48

FAX: +34 91 785 70 76

EMAIL: +34 91 507 92 48

1. How has this educational packet improved your ability to educate people in your community?

It gave us ideas and helped us with comprehension of the theme of the year.

However we found the translation of materials a bit strange for the usual Spanish in Spain, which actually makes it difficult to be understood.

2. What impact has the WMHDAY program had on –

- Reducing stigma in your community?
- Improving treatment or access to means of treatment?
- Bringing more attention to your organization and work in the community?

It has helped to highlight our core claim of holistic and individualised care in the community, and to insist on the importance of the association movement. It has helped to divulge the National Mental Health Strategy of the Health Ministry which was designed with FEAFES input and to claim for the attention to the needs of people with mental illness in the framework of the Law for Autonomy and Attention to dependency needs. It has also served to focus on the needs of specially vulnerable groups as children or people in prisons

3. Where and how did you use the material in this packet?

The educational packet helped FEAFES make a document with key messages, where we included relevant claims of our national situation related to the theme of the year. This document was used for the design of press releases, speeches, press articles, spokespersons with the media. It was also sent to opinion leaders, so that the common international message was adapted to our national reality, and then at regional /local level and helped unity of the messages. It was posted in WMHDAY area of our website and sent to our member federations. It can be highlighted that the materials are within the 10 most downloaded documents of our website during 2008.

4. How many people did you reach with your event? What kinds of people did you reach?

This is extremely difficult to evaluate with precision, specially due to the impact of TV and radio programmes where we participated. We can only affirmed that thousands of people participated in the different events.

5. If you were to choose the one outcome that you are most proud of accomplishing through your World Mental Health Day Event, this year, what would it be? (Use additional pages, if needed)

We are specially proud of the fact that the vast majority of associations participated in this year World Mental Health Day.

6. How will you follow up with what you did for WMHDay this year?

For some associations the WMHDAY helps to present new initiatives that will be implemented over the year, but very often it is the outcome of previous months of work on preparation of an awareness campaign.

Do you know of anyone who would be interested in obtaining a copy of future World Mental Health Day Educational Material? Please **PRINT** their name and address below:

Name:

Organization:

Address:

Phone:

Fax:

Email:

Please return this form by mail to:
World Federation for Mental Health
6564 Loisdale Court, Suite 301
Springfield, VA 22150
wmhday@wfmh.com

The Richard C. Hunter Mental Health Day Award 2008 Nomination Form

Nominee Name: _____
Organization Name: FEAFES – Spanish Confederation of Groupings of Families and People with Mental Illness
Address: C/ Hernández Más 20-24

City: MADRID State/Province: _____
Postal Code: E 28053 Country: SPAIN
Phone: + 34 91 507 92 48 Email: feafes@feafes.com

Please read the information below carefully before submitting your nomination.

Deadline: Material must be received no later than February 28, 2009. Send material and nomination form to WFMH Secretariat, 6564 Loisdale Court, Suite 301, Springfield, VA 22150 USA or email to dmaguire@wfmh.com or fax to US+703.313.8683.

General Information:

Purpose: To recognize those individuals or organizations who produce and carry out activities under the auspices of WMHDay. The RCH Mental Health Day award will be presented annually in honor of an outstanding WMHDay activity that has created awareness of the year's theme and of mental health in general.

All material sent in will be reviewed and a final winner will be chosen by June 1, 2009. The chosen person or organization will be notified and sent a special award as the RCH Mental Health Day Award winner, along with a mention on our website and at our 2009 World Congress in Greece.

Criteria:

- The activity will have focused on the current year's theme.
- The activity will have had to occur at some point during 2008.
- The nominee will need to have information on the numbers of possible people reached/influenced, material handed out and in what type of arena this was held.
- Pictures, reports, articles, documents, etc should be sent in to help substantiate the depth and reach of the event.