



**WITHOUT BOUNDARIES**  
CHALLENGES AND HOPES FOR LIVING WITH ADHD:  
AN INTERNATIONAL SURVEY



## Spain – Key Survey Results

***FAST FACT: 98% of parents often feel stressed or worried about their child's ADHD – more than the parents from any other country involved in this survey***

### Impact on the Child with ADHD

- 91% of parents are concerned that ADHD will threaten their child's academic success
- 63% of parents state that their child has been excluded from social activities because of his or her behaviour

### Impact on the Family

- 98% of parents often feel stressed or worried by their child's ADHD
- 61% of parents think that family activities are disrupted by their child's behavioural problem
- 73% of parents report early mornings and 81% report evenings to be difficult or very difficult for coping with their child's ADHD symptoms, compared with 78% reporting school time to be difficult or very difficult

### Experience of Diagnosis

- The average length of time from when a parent first visited a health professional to talk about their child's behaviour, to a diagnosis by a specialist, was 1.6 years
- 47% of parents felt the diagnosis process took too long
- 67% of parents believe that their child's primary care physician did not seem to know much about ADHD
- 39% of parents found it hard to get referral to a specialist physician

### Perspectives on Treatment

- 78% of parents find that treatment helps to relieve pressure on the family as a whole
- 77% of parents find that treatment helps their child interact socially
- 96% of parents agree that children should be given the opportunity to receive ADHD medication as part of their treatment plan if that is the parents' choice
- 86% of parents want a treatment that addresses symptoms throughout the entire day
- Only 42% of parents felt that their child's current treatment effectively controls symptoms throughout the whole day