



**WITHOUT BOUNDARIES**  
CHALLENGES AND HOPES FOR LIVING WITH ADHD:  
AN INTERNATIONAL SURVEY



## International – Combined Key Survey Results

***FAST FACT: Parents wait an average of two years to get ADHD diagnosis for their child***

### **Impact on the Child with ADHD**

- 87% of parents are concerned that ADHD will threaten their child's academic success
- 58% of parents state that their child has been excluded from social activities because of his or her behaviour

### **Impact on the Family**

- 91% of parents often feel stressed or worried by their child's ADHD
- 61% of parents think that family activities are disrupted by their child's behavioural problem
- 81% of parents report early mornings and 75% report evenings to be difficult or very difficult for coping with their child's ADHD symptoms, compared with 76% reporting school time to be difficult or very difficult

### **Experience of Diagnosis**

- The average length of time from when a parent first visited a health professional to talk about their child's behaviour, to a diagnosis by a specialist, was 2 years
- 51% of parents felt the diagnosis process took too long
- 63% of parents believe that their child's primary care physician did not seem to know much about ADHD
- 31% of parents found it hard to get a referral to a specialist physician

### **Perspectives on Treatment**

- 81% of parents find that treatment helps to relieve pressure on the family as a whole
- 77% of parents find that treatment helps their child interact socially
- 93% of parents agree that children should be given the opportunity to receive ADHD medication as part of their treatment plan if that is the parents' choice
- 85% of parents want a treatment that addresses symptoms throughout the entire day
- Only 44% of parents felt that their child's current treatment effectively controls symptoms throughout the whole day