



WITHOUT BOUNDARIES
CHALLENGES AND HOPES FOR LIVING WITH ADHD:
AN INTERNATIONAL SURVEY



Germany – Key Survey Results

FAST FACT: 88% of parents feel that their child's treatment has had a positive effect on him/her

Impact on the Child with ADHD

- 87% of parents are concerned that ADHD will threaten their child's academic success
- 46% of parents state that their child has been excluded from social activities because of his or her behaviour

Impact on the Family

- 84% of parents often feel stressed or worried by their child's ADHD
- 50% of parents think that family activities are disrupted by their child's behavioural problem
- 81% of parents report early mornings and 67% report evenings to be difficult or very difficult for coping with their child's ADHD symptoms, compared with 75% reporting school time to be difficult or very difficult

Experience of Diagnosis

- The average length of time from when a parent first visited a health professional to talk about their child's behaviour, to a diagnosis by a specialist, was 2.2 years
- 56% of parents felt the diagnosis process took too long
- 55% of parents believe that their child's primary care physician did not seem to know much about ADHD
- 20% of parents found it hard to get referral to a specialist physician

Perspectives on Treatment

- 88% of parents find that treatment helps to relieve pressure on the family as a whole
- 84% of parents find that treatment helps their child interact socially
- 94% of parents agree that children should be given the opportunity to receive ADHD medication as part of their treatment plan if that is the parents' choice
- 71% of parents want a treatment that addresses symptoms throughout the entire day
- Only 60% of parents felt that their child's current treatment effectively controls symptoms throughout the whole day