



**WITHOUT BOUNDARIES**  
CHALLENGES AND HOPES FOR LIVING WITH ADHD:  
AN INTERNATIONAL SURVEY



## Australia – Key Survey Results

***FAST FACT: 97% of parents feel that their child's treatment helps him/her to concentrate better at school***

### **Impact on the Child with ADHD**

- 94% of parents are concerned that ADHD will threaten their child's academic success
- 64% of parents state that their child has been excluded from social activities because of his or her behaviour

### **Impact on the Family**

- 93% of parents often feel stressed or worried by their child's ADHD
- 63% of parents think that family activities are disrupted by their child's behavioural problem
- 88% of parents report early mornings and 69% report evenings to be difficult or very difficult for coping with their child's ADHD symptoms, compared with 70% reporting school time to be difficult or very difficult

### **Experience of Diagnosis**

- The average length of time from when a parent first visited a health professional to talk about their child's behaviour, to a diagnosis by a specialist, was 1.8 years
- 40% of parents felt the diagnosis process took too long
- 55% of parents believe that their child's primary care physician did not seem to know much about ADHD
- 19% of parents found it hard to get a referral to a specialist physician

### **Perspectives on Treatment**

- 85% of parents find that treatment helps to relieve pressure on the family as a whole
- 76% of parents find that treatment helps their child interact socially
- 96% of parents agree that children should be given the opportunity to receive ADHD medication as part of their treatment plan if that is the parents' choice
- 87% of parents want a treatment that addresses symptoms throughout the entire day
- Only 45% of parents felt that their child's current treatment effectively controls symptoms throughout the whole day