Metabolic Syndrome and Mental Health
Mental Health Consumer/Family/ Caregivers Tools and Guidance

Evaluation Form

Thank you for attending the metabolic syndrome and mental health workshop for mental health practitioners. We hope you found the session to be informative and enjoyable.

To help us improve the quality of future workshops, we would be grateful if you could take a few minutes to complete the following evaluation questionnaire.

1. To what extent did the workshop meet your expectations?

1 2 3 4 5

Exceeded expectations *Did not meet expectations*

2. How informative did you find this workshop?

1 2 3 4 5

Very informative *Not at all informative*

3. How would you rate your level of knowledge on metabolic syndrome in people with mental illness prior to the workshop?

1 2 3 4 5

Very high *Very poor*

4. Do you feel your level of knowledge on metabolic syndrome in people with mental illness has changed after the workshop?

1 2 3 4 5

Improved greatly *Not improved at all*

5. Did you discuss the need for a physically healthy lifestyle with people with mental illness in the past?

1 2 3 4 5

All the time *Never*

6. Are you likely to discuss the need for a physically healthy lifestyle with people with mental illness in the future?

1 2 3 4 5

Highly likely *Highly unlikely*

7. How useful / relevant did you find the workshop presentation?

1 2 3 4 5

Very useful *Not useful*

8. How useful / relevant did you find the peer discussion?

1 2 3 4 5

Very useful *Not useful*

9. How useful / relevant do you think the tools and information provided in the discussion guide will be in daily practice?

1 2 3 4 5

Very useful *Not useful*

10. Please provide other comments you feel would help us improve the quality of future workshops.

_____

_____

_____

Metabolic Syndrome and Mental Health Primary Care Practitioners Tools and Guidance

Evaluation Form

Thank you for attending the metabolic syndrome and mental health workshop for primary care practitioners. We hope you found the session to be informative and enjoyable.

To help us improve the quality of future workshops, we would be grateful if you could take a few minutes to complete the following evaluation questionnaire.

1. To what extent did the workshop meet your expectations?

1 2 3 4 5

Exceeded expectations *Did not meet expectations*

2. How informative did you find this workshop?

1 2 3 4 5

Very informative *Not at all informative*

3. How would you rate your level of knowledge on metabolic syndrome in people with mental illness prior to the workshop?

1 2 3 4 5

Very high *Very poor*

4. Do you feel your level of knowledge on metabolic syndrome in people with mental illness has changed after the workshop?

1 2 3 4 5

Improved greatly *Not improved at all*

5. Did you monitor metabolic syndrome risk factors for your patients who also had mental illness in the past?

1 2 3 4 5

All the time *Never*

6. Are you likely to monitor metabolic syndrome risk factors for your patients who also have mental illness in the future?

1 2 3 4 5

Highly likely *Highly unlikely*

7. How useful / relevant did you find the workshop presentation?

1 2 3 4 5

Very useful *Not useful*

8. How useful / relevant did you find the peer discussion?

1 2 3 4 5

Very useful *Not useful*

9. How useful / relevant do you think the tools and information provided in the discussion guide will be in daily practice?

1 2 3 4 5

Very useful *Not useful*

10. Please provide other comments you feel would help us improve the quality of future workshops.

_____

_____

_____

Metabolic Syndrome and Mental Health
Mental Health Practitioners Tools and Guidance

Evaluation Form

Thank you for attending the metabolic syndrome and mental health workshop for mental health practitioners. We hope you found the session to be informative and enjoyable.

To help us improve the quality of future workshops, we would be grateful if you could take a few minutes to complete the following evaluation questionnaire.

1. To what extent did the workshop meet your expectations?

1 2 3 4 5

Exceeded expectations *Did not meet expectations*

2. How informative did you find this workshop?

1 2 3 4 5

Very informative *Not at all informative*

3. How would you rate your level of knowledge on metabolic syndrome in people with mental illness prior to the workshop?

1 2 3 4 5

Very high *Very poor*

4. Do you feel your level of knowledge on metabolic syndrome in people with mental illness has changed after the workshop?

1 2 3 4 5

Improved greatly *Not improved at all*

5. Did you discuss the need for a physically healthy lifestyle with people with mental illness in the past?

1 2 3 4 5

All the time *Never*

6. Are you likely to discuss the need for a physically healthy lifestyle with people with mental illness in the future?

1 2 3 4 5

Highly likely *Highly unlikely*

7. How useful / relevant did you find the workshop presentation?

1 2 3 4 5

Very useful *Not useful*

8. How useful / relevant did you find the peer discussion?

1 2 3 4 5

Very useful *Not useful*

9. How useful / relevant do you think the tools and information provided in the discussion guide will be in daily practice?

1 2 3 4 5

Very useful *Not useful*

10. Please provide other comments you feel would help us improve the quality of future workshops.

_____

_____

_____