Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

Margaret Mead, PhD WFMH President 1956-57

*All files below require free Adobe Acrobat reader

Mrs. Rosalynn Carter's Introduction

A World Of Thanks

WFMH Information

• Some Tips on Celebrating World Mental Health Day

Section One: The Effects of Trauma & Violence on Children & Adolescents

- Overview
- Convention on the Rights of the Child
- Faces of Trauma & Violence
 - o Domestic (or Family) Abuse and Community Violence Community Violence
 - War and Refugees
 - o Media

Section Two: Taking Action

- What You Can Do
- Optional Protocol Sample Letters
- Publicizing Your Event
- Proclamation
- International Women Leaders

Section Three: Reference Information

- Regional Vice Presidents & Regional Councils
- Endorsers
- Resources
- World Mental Health Day Advisory Committee
- Report Form
- Membership Application
- Sponsors Thank You