

How Did You Celebrate The Day?

Here is your chance to let us know about your World Mental Health Day events and help us improve future education packets. The strength of this project lies in the effect it has in the field - therefore we urge you to send in a report of your 2009 activities. We hope everyone will join in, not only by doing something to 'spread the word' but also by letting the rest of the world know what you are doing by writing back to us! Every event - no matter how large or small - is important to us. And all pictures, news articles, and promotional materials are welcome. Most of the prominent activities will be posted on the WFMH Website, as time allows. We look forward to hearing from all of you!

Submission of a completed World Mental Health Day Report Form and supporting documentation on how you celebrated the day will qualify your organization for entry into the judging for the 2009 Richard C. Hunter World Mental Health Day Award for Excellence competition. To be eligible for judging, campaign report and materials must be received at WFMH by 5 March 2010.

(PLEASE PRINT ALL INFORMATION)

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1. How has this educational packet improved your ability to educate people in your community?

This educational packet with global information & specially in Hindi was very useful to educate people in community, print & electronic media and health planners. Media given a broad coverage for the inclusion of Hindi in education packet. This year due to theme on primary care we focused in rural area & their Hindi Material proved worth.

2. What impact has the WMHDAY program had on –

- Reducing stigma in your community? Very Much
- Improving treatment or access to means of treatment? Very Much in Access to means of Treatment
- Bringing more attention to your organization and work in the community?

Worked with More than 70 NGO's & PIB Govt. of India where 1000 of people benefited

3. Where and how did you use the material in this packet?

Published 500 copies of Hindi material; distributed free to NGO's, Community leaders, media representatives and Health planners and requested them to spread message in community & request Govt. to include mental health in primary care in their plans.

Education packets also given to FM Radio, Local TV Channels to advertise in 8 States & 22 cities of India

4. How many people did you reach with your event? What kinds of people did you reach?

Thousands of peoples specially in rural area where no treatment for mental illness available & people belives in Myths & go to Faith Healers & temples for treatment. By giving advertishment of WFMH Day theme to electronic media reached to millions of people in October month in 22 cities & 8 states of the india.

5. If you were to choose the one outcome that you are most proud of accomplishing through your World Mental Health Day Event, this year, what would it be? (Use additional pages, if needed)

Mental Health exhibitions organised in National Dashera Mela, Kota, Village - Gambhira District Swai-Madhampur (175 KM from Kota), in Build India programme of PIB Govt. of india at village Kheda rasulpur (20 KM from Kota) District-Kota, Taleda (22 Km) District Bundi & Digod (20 KM) District Kota. In these exhibitions we displayed A to Z information about mental illness & WFMH Day Theme, in these exhibitions we direct came in contact to thousands of villegers those were ingnorent about Mental Health & belives in Myths. Media representatives, Health planners, administrators, nursing students of many college also benefited from the information. We were surprised when Divisional Commissioner came to visit exhibition with his wife without information & given remark of excellence one in feedback register. I am proud to mention here that we receive request from dypty director of PIB Govt. of India to Organise mental health exhibition in Build India programme. Exhibitions received number of times best prizes this year also in National Dashera mela (Fair) we received First Prize from Muncipal corporation of Kota organiser of National Dashera Mela (Fair)

6. How will you follow up with what you did for WMHDay this year?

Followup through NGO's & staff of ANPC. Feedback by visitors registers in mental health exhibitions. In exhibitions apart from common men we had received feed back from Cabinet Ministers, MLA's, Divisional Commissioner, Rotary Govrnors, Doctors & media persons.

Please return this form to:
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