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Harris Ng



ABOUT THE AUTHOR

Educated at Raffles Institution,  
Singapore, Harris Ng went to Canada  
to further his studies in Civil  
Engineering at the University of  
Manitoba. He was struck by a mental  
disorder in his 4th year.

Recovering from schizophrenia, he  
started teaching and writing. His first  
book, RECOVERED GRACE:  
SCHIZOPHRENIA was published in  
2005. He completed his second book,  
WHEN I FIRST WALKED IN in 2007.  
Together with TEACHER TEACHER I  
LOVE YOU, published in 2009, the  
three books form a Trilogy.

Harris is a Speaker and an active  
Advocate for mental wellness in  
Singapore. He teaches, gives talks,  
conducts courses and facilitates  
interactive Peer Support Groups. He  
believes that "We live beyond the  
brain!" and often thinks from a  
position outside of the box.